

## OCEANIA CHAMPIONSHIP RECORDS AS AT January 2018

Records set in 2019 shown in red. Adjustments to previous years shown in green

Records set by non-Oceania athletes shown in addition to resident Oceania athletes shown in blue

Records set with current equipment specifications. Womens records set with 400g Javelin are archived at the foot of the spreadsheet until the individual event distance or the combined event score is beaten

| MEN         |                     |             |       |      | WOMEN       |                 |                        |      |       |      |      |
|-------------|---------------------|-------------|-------|------|-------------|-----------------|------------------------|------|-------|------|------|
| Event Name  |                     | Performance | Year  | Wind | Event Name  |                 | Performance            | Year | Wind  |      |      |
| <b>60m</b>  |                     |             |       |      | <b>60m</b>  |                 |                        |      |       |      |      |
| M30         | Travis Venema       | AUS         | 7.19  | 2008 | W30         | Helna Dinnissen | NZL                    | 8.15 | 2019  | -0.2 |      |
| M35         | Travis Venema       | AUS         | 7.40  | 2010 | NWI         |                 |                        |      |       |      |      |
| M40         | Greg Smith          | AUS         | 7.30  | 2012 | 1.0         | W40             | Ranell Hobson          | AUS  | 8.25  | 2014 | -3.6 |
| M45         | John Campbell       | NZL         | 7.65  | 2012 | -1.9        | W45             | Marie Kay              | AUS  | 8.41  | 2008 |      |
| M50         | Stephen Jones       | AUS         | 7.83  | 2015 | 0.9         | W50             | Gianna Mogentale       | AUS  | 8.39  | 2015 | 1.5  |
| M55         | Luke De Biasi       | AUS         | 7.96  | 2019 | 0.3         | W55             | Liz Wilson             | NZL  | 8.54  | 2018 | 1.7  |
| M60         | Paul Turner         | AUS         | 8.09  | 2014 | -1.6        | W60             | Lynne Choate           | AUS  | 9.27  | 2014 | -0.2 |
| M65         | Neville McIntyre    | AUS         | 8.36  | 2008 |             | W65             | Wilma Perkins          | AUS  | 9.52  | 2015 | 1.9  |
| M70         | Trevor Guptill      | NZL         | 8.73  | 2019 | -0.7        | W70             | Sheryl Gower           | NZL  | 9.92  | 2019 | -1.7 |
| M75         | David Clive         | AUS         | 9.33  | 2015 | 0.9         | W75             | Margaret Peters        | NZL  | 10.61 | 2010 | -1.6 |
| M80         | Norm Windred        | AUS         | 9.89  | 2008 |             | W80             | Margaret Peters        | NZL  | 11.35 | 2014 | -2.1 |
| M85         | Maurice Dauphinat   | AUS         | 11.12 | 2012 | -0.5        | W85             | Clasina van der Veeken | NZL  | 15.00 | 2018 | -0.3 |
| M85         | Radnaa Tseran       | MGL         | 10.53 | 2019 | -0.1        |                 |                        |      |       |      |      |
| M90         | James Sinclair      | AUS         | 12.41 | 2015 | 1.0         | W90             | Gwen Gleeson           | AUS  | 16.74 | 2019 | -1.0 |
| M95         | James Sinclair      | AUS         | 15.24 | 2019 | -0.1        |                 |                        |      |       |      |      |
| <b>100m</b> |                     |             |       |      | <b>100m</b> |                 |                        |      |       |      |      |
| M30         | Travis Venema       | AUS         | 11.40 | 2008 |             | W30             | Beverly Peterson       | NZL  | 12.41 | 1990 |      |
| M35         | Paul Makakaufaki    | TON         | 11.49 | 2012 | 1.0         | W35             | Wendy Brown            | NZL  | 12.71 | 1990 |      |
| M40         | Brendon Wilson      | AUS         | 11.20 | 1984 |             | W40             | Julie Brims            | AUS  | 12.54 | 2006 |      |
| M45         | Reg Austin          | AUS         | 11.40 | 1982 |             | W45             | Marie Kay              | AUS  | 13.16 | 2006 |      |
| M50         | Gary Parkinson      | AUS         | 12.01 | 2019 | 1.6         | W50             | Gianna Mogentale       | AUS  | 13.29 | 2014 | 0.0  |
| M55         | Alan Hill           | NZL         | 12.30 | 1982 |             | W55             | Liz Wilson             | NZL  | 13.49 | 2018 | 1.7  |
|             | Rudi Hochreiter     | AUS         | 12.30 | 1984 |             |                 |                        |      |       |      |      |
| M60         | Laurence Malcolmson | NZL         | 12.67 | 2010 | 1.0         | W60             | Shirley Peterson       | NZL  | 15.05 | 1990 |      |
| M65         | Neville McIntyre    | AUS         | 13.19 | 2008 |             | W65             | Carol Davis            | AUS  | 15.31 | 2019 | 0.7  |
| M70         | Hugh Coogan         | AUS         | 13.85 | 2006 |             | W70             | Margaret Peters        | NZL  | 15.88 | 2006 |      |
| M75         | Rudi Hochreiter     | AUS         | 15.34 | 2002 |             | W75             | Margaret Peters        | NZL  | 16.95 | 2010 | -0.1 |
| M80         | Mike Johnston       | AUS         | 15.61 | 2002 |             | W80             | Margaret Peters        | NZL  | 19.20 | 2014 | -3.1 |
| M85         | Ron Johnson         | NZL         | 20    | 2018 | 2.0         |                 |                        |      |       |      |      |
| M90         | James Sinclair      | AUS         | 21.02 | 2015 | -1.8        |                 |                        |      |       |      |      |
| M95         | James Sinclair      | AUS         | 25.39 | 2019 | 1.2         |                 |                        |      |       |      |      |
| <b>200m</b> |                     |             |       |      | <b>200m</b> |                 |                        |      |       |      |      |
| M30         | Adam Farlow         | AUS         | 22.46 | 2014 |             | W30             | Wilma Perkins          | AUS  | 25.80 | 1984 |      |
| M35         | Max Warlow          | AUS         | 22.80 | 1984 |             | W35             | Eileen Hindle          | AUS  | 25.70 | 1984 |      |
| M40         | Brendon Wilson      | AUS         | 22.80 | 1984 |             | W40             | Julie Brims            | AUS  | 26.15 | 2006 |      |
| M45         | Reg Austin          | AUS         | 22.60 | 1984 |             | W45             | Marie Kay              | AUS  | 26.55 | 2006 |      |
| M50         | Gary Parkinson      | AUS         | 24.37 | 2019 | 1.2         | W50             | Gianna Mogentale       | AUS  | 26.69 | 2014 | 1.5  |
| M55         | Rob Mayston         | AUS         | 25.20 | 2014 |             | W55             | Liz Wilson             | NZL  | 28.16 | 2018 | 1.7  |
| M60         | Laurence Malcolmson | NZL         | 26.11 | 2010 | 1.2         | W60             | Ann Cooper             | AUS  | 30.79 | 1990 |      |
| M65         | Colin Buyers        | AUS         | 26.20 | 2008 |             | W65             | Jeanette Flynne        | AUS  | 30.55 | 2018 | 0.6  |
| M70         | Hugh Coogan         | AUS         | 28.10 | 2006 |             | W70             | Sheryl Gower           | NZL  | 33.46 | 2019 | -1.1 |
| M75         | David Trantrill     | AUS         | 29.89 | 2014 |             | W75             | Chris Waring           | NZL  | 35.99 | 2019 | -0.9 |
| M80         | Mike Johnston       | AUS         | 32.49 | 2002 |             | W80             | Margaret Peters        | NZL  | 40.27 | 2014 | 1.5  |
| M85         | Jim Sinclair        | AUS         | 39.08 | 2012 | 1.6         |                 |                        |      |       |      |      |
| M85         | Radnaa Tseran       | MGL         | 33.79 | 2019 | -0.5        |                 |                        |      |       |      |      |
| M90         | James Sinclair      | AUS         | 46.79 | 2015 | -2.0        |                 |                        |      |       |      |      |
| M95         | Eric de Lautour     | NZL         | 59.96 | 2015 | -2.0        |                 |                        |      |       |      |      |
| <b>400m</b> |                     |             |       |      | <b>400m</b> |                 |                        |      |       |      |      |
| M30         | Jay Stone           | AUS         | 48.72 | 2012 |             | W30             | Marissa Stephen        | NZL  | 57.79 | 2002 |      |
| M35         | Max Warlow          | AUS         | 50.80 | 1984 |             | W35             | Marge Allison          | AUS  | 58.50 | 1984 |      |
| M40         | Brendon Wilson      | AUS         | 51.70 | 1984 |             | W40             | Suzy Cole              | AUS  | 59.13 | 2012 |      |
| M45         | Peter Crombie       | AUS         | 52.75 | 1990 |             | W45             | Marie Kay              | AUS  | 59.27 | 2006 |      |
| M50         | Gary Parkinson      | AUS         | 54.85 | 2019 |             | W50             | Gianna Mogentale       | AUS  | 62.62 | 2014 |      |
| M55         | Rob Mayston         | AUS         | 56.02 | 2014 |             | W55             | Liz Wilson             | NZL  | 65.54 | 2018 |      |

|                              |                    |     |          |      |                              |                         |     |          |      |
|------------------------------|--------------------|-----|----------|------|------------------------------|-------------------------|-----|----------|------|
| M60                          | John Lamb          | AUS | 58.32    | 2012 | W60                          | Jeanette Flynn          | AUS | 68.94    | 2014 |
| M65                          | Hugh Coogan        | AUS | 61.15    | 2004 | W65                          | Jeanette Flynn          | AUS | 69.01    | 2018 |
| M70                          | Hugh Coogan        | AUS | 62.28    | 2006 | W70                          | Marge Allison           | AUS | 79.76    | 2006 |
| M75                          | Colin Woods        | AUS | 74.12    | 2012 | W75                          | Chris Waring            | NZL | 87.97    | 2019 |
| M80                          | Mike Johnston      | AUS | 75.64    | 2002 | W80                          | Corinne Collins         | AUS | 105.66   | 2019 |
| M85                          | Eric de Lautour    | NZL | 89.82    | 2006 |                              |                         |     |          |      |
| M85                          | Radnaa Tseran      | MGL | 79.19    | 2019 |                              |                         |     |          |      |
| M90                          | James Sinclair     | AUS | 2:04.37  | 2015 |                              |                         |     |          |      |
| M95                          | Eric de Lautour    | NZL | 2:44.23  | 2015 |                              |                         |     |          |      |
| <b>800m</b>                  |                    |     |          |      | <b>800m</b>                  |                         |     |          |      |
| M30                          | Brayden Grant      | NZL | 1:59.77  | 2018 | W30                          | Salome Tabuatalei       | FIJ | 2:23.2   | 1994 |
| M35                          | Charles Macek      | AUS | 2:00.0   | 1984 | W35                          | Christine Sole          | NZL | 2:13.8   | 1982 |
| M40                          | Brian Turnbull     | NZL | 1:58.6   | 1998 | W40                          | Suzy Cole               | AUS | 2:13.65  | 2012 |
| M45                          | Ian Babe           | NZL | 2:00.5   | 1984 | W45                          | Cris Penn               | AUS | 2:27.3   | 2006 |
| M50                          | Tom Roberts        | AUS | 2:00.7   | 1984 | W50                          | Maggie Chorley          | NZL | 2:28.09  | 2018 |
| M55                          | Derek Turnbull     | NZL | 2:06.6   | 1982 | W55                          | Louisa Abram            | AUS | 2:31.44  | 2018 |
| M60                          | George McGrath     | AUS | 2:17.9   | 1982 | W60                          | Jeanette Flynn          | AUS | 2:40.31  | 2014 |
| M65                          | Jack Stevens       | AUS | 2:22.9   | 1982 | W65                          | Jeanette Flynn          | AUS | 2:45.36  | 2018 |
| M70                          | Kevin Soloman      | AUS | 2:36.33  | 2018 | W70                          | Lavinia Petrie          | AUS | 3:12.35  | 2014 |
| M75                          | Max Brook          | AUS | 3:00.00  | 2012 | W75                          | Myrtle Rough            | NZL | 3:52.41  | 2018 |
| M80                          | Michael Jackes     | AUS | 3:21.72  | 2019 | W80                          | Shirley Brasher         | AUS | 4:54.39  | 2008 |
| M85                          | Eric de Lautour    | NZL | 3:37.99  | 2008 |                              |                         |     |          |      |
| M95                          | Eric de Lautour    | NZL | 06:29.6  | 2015 |                              |                         |     |          |      |
| <b>1500m</b>                 |                    |     |          |      | <b>1500m</b>                 |                         |     |          |      |
| M30                          | Brendan Whelan     | AUS | 04:07.7  | 2006 | W30                          | Salome Tabuatalei       | FIJ | 04:55.2  | 1994 |
| M35                          | Charles Macek      | AUS | 04:06.1  | 1984 | W35                          | Tina Faulkner           | NZL | 4:37.66  | 2018 |
| M40                          | Alan Bradford      | AUS | 04:07.0  | 1982 | W40                          | Suzy Cole               | AUS | 4:32.93  | 2012 |
| M45                          | Ian Babe           | NZL | 04:12.7  | 1984 | W45                          | Meghann Stewart         | NZL | 5:07.64  | 2014 |
| M50                          | Andrew Stark       | NZL | 4:18.10  | 2008 | W50                          | Sally Gibbs             | NZL | 4:48.49  | 2018 |
| M55                          | Ron Robertson      | NZL | 04:23.9  | 1998 | W55                          | Louisa Abram            | AUS | 4:59.36  | 2018 |
| M60                          | Bert Carse         | AUS | 04:43.0  | 2002 | W60                          | Kathy Sims              | AUS | 5:42.22  | 2012 |
| M65                          | Ron Robertson      | NZL | 4:54.99  | 2008 | W65                          | Lavinia Petrie          | AUS | 5:58.89  | 2012 |
| M70                          | Peter Sandery      | AUS | 5:23.64  | 2012 | W70                          | Lavinia Petrie          | AUS | 6:06.00  | 2014 |
| M75                          | Peter Sandery      | AUS | 6:12.47  | 2018 | W75                          | Myrtle Roufg            | NZL | 7:37.46  | 2018 |
| M80                          | Michael Jackes     | AUS | 7:02.03  | 2019 | W80                          | Clasina Van Der Veecken | NZL | 10:48.55 | 2014 |
| M85                          | Eric de Lautour    | NZL | 07:03.4  | 2006 |                              |                         |     |          |      |
| M90                          | Eric de Lautour    | NZL | 12:23.87 | 2012 |                              |                         |     |          |      |
| M95                          | Eric de Lautour    | NZL | 14:06.88 | 2015 |                              |                         |     |          |      |
| <b>5000m</b>                 |                    |     |          |      | <b>5000m</b>                 |                         |     |          |      |
| M30                          | Brendan Whelan     | AUS | 15:25.5  | 2006 | W30                          | Robyn Stansfield        | NZL | 18:38.2  | 1998 |
| M35                          | Gary Hand          | AUS | 15:00.3  | 1984 | W35                          | Karen Gobby             | AUS | 17:07.7  | 1990 |
| M40                          | Paul Sumpter       | NZL | 15:07.9  | 1990 | W40                          | Dot Browne              | AUS | 17:32.0  | 1984 |
| M45                          | Graham Tattersall  | NZL | 15:55.2  | 1990 | W45                          | Sally Gibbs             | NZL | 16:53.78 | 2012 |
| M50                          | Allan Davis        | NZL | 16:17.0  | 1990 | W50                          | Margaret Orman          | NZL | 19:19.0  | 1992 |
| M55                          | Ron Robertson      | NZL | 16:06.0  | 1998 | W55                          | Louisa Abram            | AUS | 18:44.52 | 2018 |
| M60                          | Trevor Ogilvie     | NZL | 17:36.34 | 2012 | W60                          | Kathy Sims              | AUS | 20:56.69 | 2012 |
| M65                          | Colin McLeod       | AUS | 18:13.1  | 2002 | W65                          | Lavinia Petrie          | AUS | 21:08.79 | 2012 |
| M70                          | Peter Sandery      | AUS | 19:24.62 | 2012 | W70                          | Lavinia Petrie          | AUS | 21:53.63 | 2014 |
| M75                          | Win Nelmes         | NZL | 22:45.0  | 1990 | W75                          | Shirley Brasher         | AUS | 30:26.2  | 2002 |
| M80                          | Michael Jackes     | AUS | 26:03.74 | 2019 |                              |                         |     |          |      |
| M85                          | Eric de Lautour    | NZL | 26:51.3  | 2006 |                              |                         |     |          |      |
| <b>110m Hurdles (0.991m)</b> |                    |     |          |      | <b>100m Hurdles (0.840m)</b> |                         |     |          |      |
| M30                          | Brad Osborne       | AUS | 16.95    | 2008 | W30                          | Terry Genge             | NZL | 15.37    | 1990 |
| M35                          | Albert Miller      | FIJ | 15.20    | 1994 | W35                          | Eileen Hindle           | AUS | 14.70    | 1984 |
| M40                          | Brad Krawczyk      | AUS | 16.65    | 2019 | <b>80m Hurdles (0.762m)</b>  |                         |     |          |      |
| M45                          | Ken Priestley      | AUS | 17.40    | 1984 | W40                          | Marie Kay               | AUS | 13.10    | 2004 |
| <b>100m Hurdles (0.914m)</b> |                    |     |          |      | W45                          | Marie Kay               | AUS | 12.34    | 2008 |
| M50                          | Peter Collins      | AUS | 16.78    | 2002 | <b>80m Hurdles (0.762m)</b>  |                         |     |          |      |
| M55                          | Clay Tompkins      | AUS | 16.14    | 2008 | W50                          | Marie Kay               | AUS | 13.14    | 2012 |
| <b>100m Hurdles (0.840m)</b> |                    |     |          |      | W55                          | Brenda Parkinson        | AUS | 14.60    | 1992 |
| M60                          | Harry Giles        | AUS | 16.56    | 2008 | <b>80m Hurdles (0.686m)</b>  |                         |     |          |      |
| M65                          | Micheal Stephenson | AUS | 17.34    | 2008 | W60                          | Robyn Sutter            | AUS | 14.68    | 2019 |
| <b>80m Hurdles (0.762m)</b>  |                    |     |          |      | W65                          | Maureen Keshwar         | NZL | 18.19    | 2019 |

|  |                      |     |          |      |      |  |                        |     |          |      |      |
|--|----------------------|-----|----------|------|------|--|------------------------|-----|----------|------|------|
| M70                                      | Donald Chambers      | AUS | 14.81    | 2010 | 0.6  | W70                                      | Margaret Taylor        | AUS | 18.44    | 2019 | -0.2 |
| M75                                      | Donald Chambers      | AUS | 18.44    | 2014 | 0.7  | W75                                      | Fran Harris            | AUS | 28.05    | 2019 | -0.2 |
| <b>80m Hurdles (0.686m)</b>              |                      |     |          |      |      |  |                        |     |          |      |      |
| M80                                      | Max McKay            | AUS | 24.00    | 2004 |      |  |                        |     |          |      |      |
| M85                                      | Radnaa Tseran        | MGL | 20.18    | 2019 | -0.4 |  |                        |     |          |      |      |
| <b>400m Hurdles (0.914m)</b>             |                      |     |          |      |      | <b>400m Hurdles (0.762m)</b>             |                        |     |          |      |      |
| M30                                      | George Jankowski     | AUS | 65.30    | 1996 |      | W30                                      | Helena Dinnissen       | NZL | 64.28    | 2019 |      |
| M35                                      | Geoff Gibbons        | AUS | 60.11    | 2012 | -0.4 | W35                                      | Kerrie Macey           | AUS | 72.55    | 1990 |      |
| M40                                      | Ernest Kemplay       | AUS | 60.30    | 1984 |      | W40                                      | Suzy Cole              | AUS | 71.06    | 2012 | -0.2 |
| M45                                      | Chris Strange        | NZL | 64.01    | 1998 |      | W45                                      | Marie Kay              | AUS | 64.70    | 2006 |      |
| <b>400m Hurdles (0.840m)</b>             |                      |     |          |      |      |  |                        |     |          |      |      |
| M50                                      | Neil Fowler          | AUS | 63.67    | 2002 |      |  |                        |     |          |      |      |
| M55                                      | Hans Meisebach       | AUS | 66.60    | 1984 |      |  |                        |     |          |      |      |
| <b>300m Hurdles (0.762m)</b>             |                      |     |          |      |      | <b>300m Hurdles (0.762m)</b>             |                        |     |          |      |      |
| M60                                      | John Lamb            | AUS | 46.87    | 2012 | -0.5 | W50                                      | Michele Hossack        | AUS | 49.91    | 2014 |      |
| M65                                      | Richard Trembath     | AUS | 50.28    | 2008 |      | W55                                      | Wilma Perkins          | AUS | 58.90    | 2006 |      |
| <b>300m Hurdles (0.686m)</b>             |                      |     |          |      |      | <b>300m Hurdles (0.686m)</b>             |                        |     |          |      |      |
| M70                                      | Alan Dougal          | NZL | 53.32    | 2019 |      | W60                                      | Gail Kirkman           | NZL | 55.05    | 2015 |      |
| M75                                      | Stewart Foster       | NZL | 61.26    | 2014 |      | W65                                      | Gail Kirkman           | NZL | 56.94    | 2018 |      |
| M80                                      | Max McKay            | AUS | 78.74    | 2004 |      |  |                        |     |          |      |      |
| <b>200m Hurdles (0.686m)</b>             |                      |     |          |      |      | <b>200m Hurdles (0.686m)</b>             |                        |     |          |      |      |
| M80                                      | Stewart Foster       | NZL | 51.32    | 2018 | -0.8 | W70                                      | Marge Allison          | AUS | 39.37    | 2018 | -0.8 |
| <b>3000m Steeplechase (0.914m)</b>       |                      |     |          |      |      | <b>2000m Steeplechase 0.762m)</b>        |                        |     |          |      |      |
| M30                                      | Gilles Brouilaud     | PYF | 11:40.97 | 2010 |      | W30                                      | Linda Reynolds         | NZL | 08:36.5  | 1998 |      |
| M35                                      | Bruce Meder          | NZL | 09:48.8  | 1990 |      | W35                                      | Vicky Adams            | NZL | 07:48.0  | 1992 |      |
| M40                                      | Euan Robertson       | NZL | 09:37.3  | 1990 |      | W40                                      | Suzy Cole              | AUS | 7:17.92  | 2012 |      |
| M45                                      | Ron Robertson        | NZL | 09:51.4  | 1990 |      | W45                                      | Judith Stewart         | NZL | 07:51.3  | 1998 |      |
| M50                                      | Alan Bradford        | AUS | 10:44.0  | 1992 |      | W50                                      | Margaret Orman         | NZL | 08:12.1  | 1994 |      |
| M55                                      | Ron Robertson        | NZL | 10:11.6  | 1998 |      | W55                                      | Loris Reed             | NZL | 08:34.8  | 2004 |      |
| <b>2000m Steeplechase (0.762m)</b>       |                      |     |          |      |      | W60                                      | Margaret Saunders      | AUS | 9:28.99  | 2014 |      |
| M60                                      | Trevor Ogilvie       | NZL | 7:13.03  | 2012 |      | W65                                      | Margaret Saunders      | AUS | 9:29.52  | 2019 |      |
| M65                                      | Ron Robertson        | NZL | 7:18.10  | 2008 |      | W70                                      | Gillian Young          | AUS | 10:03.49 | 2018 |      |
| M70                                      | Peter Sandery        | AUS | 8:25.78  | 2012 |      | W75                                      | Clasina van der Veeken | NZL | 13:35.8  | 2008 |      |
| M75                                      | Dave Eastwood        | NZL | 09:40.4  | 2015 |      |  |                        |     |          |      |      |
| M80                                      | Michael Juckes       | AUS | 11:20.46 | 2019 |      | W80                                      | Clasina van der Veeken | NZL | 14:57.42 | 2012 |      |
| M85                                      | Colin Silcock-Delany | AUS | 16:02.95 | 2019 |      |  |                        |     |          |      |      |
| <b>3000m Track Walk</b>                  |                      |     |          |      |      | <b>3000m Track Walk</b>                  |                        |     |          |      |      |
| M30                                      |                      |     |          |      |      | W30                                      | Justijana Roseman      | AUS | 15:37.38 | 2008 |      |
| M35                                      | Peter Bennett        | AUS | 14:28.0  | 1994 |      | W35                                      | Judith Johnson         | AUS | 16:02.7  | 1982 |      |
| M40                                      | Dean Nipperess       | AUS | 13:10.82 | 2012 |      | W40                                      | Annette Major          | AUS | 15:32.2  | 2006 |      |
| M45                                      | Mark Donahoo         | AUS | 13:54.8  | 2006 |      | W45                                      | Pam Tindal             | AUS | 15:45.53 | 2008 |      |
| M50                                      | Michael Harte        | NZL | 13:55.9  | 2006 |      | W50                                      | Staunton-Jugovic       | AUS | 15:41.80 | 2014 |      |
| M55                                      | Mike Parker          | NZL | 14:00.73 | 2012 |      | W55                                      | Pam Tindal             | AUS | 15:28.33 | 2015 |      |
| M60                                      | George White         | AUS | 15:18.74 | 2008 |      | W60                                      | Heather Carr           | AUS | 15:45.20 | 2012 |      |
| M65                                      | George White         | AUS | 15:44.53 | 2010 |      | W65                                      | Alison Thompson        | AUS | 16:49.27 | 2019 |      |
| M70                                      | George White         | AUS | 16:41.63 | 2015 |      | W70                                      | Heather Carr           | AUS | 18:01.06 | 2019 |      |
| M75                                      | Colin Hainsworth     | AUS | 20:38.4  | 2006 |      | W75                                      | Gwen Steed             | AUS | 20:54.66 | 2019 |      |
| M80                                      | Richard Keatinge     | AUS | 21:00.0  | 2006 |      | W80                                      | Nan Jeffrey            | AUS | 24:00.0  | 1990 |      |
| M85                                      | Bill Empey           | AUS | 24:08.0  | 1982 |      |  |                        |     |          |      |      |
| <b>5000m Track Walk</b>                  |                      |     |          |      |      | <b>5000m Track Walk</b>                  |                        |     |          |      |      |
| M30                                      | Rodney Gillum        | NZL | 27:00.4  | 1998 |      | W30                                      | Justijana Roseman      | AUS | 26:32.9  | 2008 |      |
| M35                                      | Kevin Taylor         | NZL | 23:12.6  | 1990 |      | W35                                      | Gabrielle Gorst        | NZL | 23:49.0  | 2002 |      |
| M40                                      | Frank Clark          | AUS | 22:37.0  | 1984 |      | W40                                      | Annette Major          | AUS | 27:00.5  | 2006 |      |
| M45                                      | John Smith           | AUS | 22:32.0  | 1984 |      | W45                                      | Pam Tindall            | AUS | 27:03.1  | 2008 |      |
| M50                                      | Michael Harte        | NZL | 24:31.9  | 2006 |      | W50                                      | Staunton-Jugovic       | AUS | 27:15.97 | 2014 |      |
| M55                                      | Gary Little          | NZL | 22:14.9  | 1998 |      | W55                                      | Heather Carr           | AUS | 26:21.4  | 2006 |      |
| M60                                      | Theo Orr             | AUS | 25:48.0  | 1984 |      | W60                                      | Heather Carr           | AUS | 27:18.93 | 2010 |      |
| M65                                      | George White         | AUS | 26:47.54 | 2010 |      | W65                                      | Heather Carr           | AUS | 28:57.97 | 2015 |      |
| M70                                      | Tom Daintry          | AUS | 28:22.0  | 1984 |      | W70                                      | Jean Albury            | AUS | 31:45.1  | 2002 |      |
| M75                                      | Tom Daintry          | AUS | 30:33.0  | 1990 |      | W75                                      | Gwen Steed             | AUS | 36:26.51 | 2019 |      |
| M80                                      | Tom Daintry          | AUS | 33:57.0  | 1992 |      | W80                                      | Christianne Duaphinet  | AUS | 39:24.83 | 2012 |      |
| M85                                      | Gus Theobald         | AUS | 33:53.0  | 1984 |      |  |                        |     |          |      |      |
| <b>10k Road Walk (Best Performances)</b> |                      |     |          |      |      | <b>10k Road Walk (Best Performances)</b> |                        |     |          |      |      |
| M30                                      | Rodney Gillum        | NZL | 55:25    | 1998 |      | W30                                      | Kylie Bonney           | AUS | 53:01    | 2002 |      |

|     |                      |     |         |      |
|-----|----------------------|-----|---------|------|
| M35 | Peter Bennett        | AUS | 52:14   | 1994 |
| M40 | Dean Nipperess       | AUS | 47:31   | 2012 |
| M45 | Gary Little          | NZL | 45:34   | 1990 |
| M50 | Michael Harte        | NZL | 50:37   | 2006 |
| M55 | Gary Little          | NZL | 45:39   | 1998 |
| M60 | Jack Tregurtha       | NZL | 53:53   | 1998 |
| M65 | Andrew Jamieson      | AUS | 52:55   | 2014 |
| M70 | Ralph Bennett        | AUS | 59:24   | 2014 |
| M75 | Colin Hainsworth     | AUS | 67:43   | 2006 |
| M80 | Tom Daintry          | AUS | 69:01   | 1992 |
| M85 | Colin Silcock-Delany | AUS | 1:36:21 | 2018 |
| M90 | Peter Tearle         | NZL | 1:49:54 | 2018 |

#### Half Marathon (Best Performances)

|     |                       |     |           |      |
|-----|-----------------------|-----|-----------|------|
| M30 | Frederic Burquier     | PYF | 1:12.32   | 2010 |
| M35 | Brendan Whelan        | AUS | 1:15.18   | 2010 |
| M40 | Tony Price            | NZL | 01:12:44  | 1998 |
| M45 | Georges Richmond      | PYF | 1:13.05   | 2010 |
| M50 | David Elward          | AUS | 01:17:32  | 2002 |
| M55 | Russell Jenkins       | AUS | 1:21:05.4 | 2018 |
| M60 | Colin McLeod          | AUS | 01:19:28  | 1998 |
| M65 | Colin McLeod          | AUS | 01:22:25  | 2002 |
| M70 | Colin McLeod          | AUS | 1:31.58   | 2008 |
| M75 | Irwin Barrett-Lennard | AUS | 01:44:11  | 2006 |
| M80 | Bill Page             | AUS | 2:23:25   | 2014 |

#### Javelin (800g current specifications)

|     |              |     |       |      |
|-----|--------------|-----|-------|------|
| M30 | Daniel Brown | AUS | 47.60 | 2008 |
| M35 | Ezehiel Rang | SOL | 52.34 | 2015 |
| M40 | Joe Bradley  | NZL | 54.59 | 1998 |
| M45 | John Kay     | AUS | 52.26 | 2008 |

#### Javelin (700g from 2000)

|     |                |     |       |      |
|-----|----------------|-----|-------|------|
| M50 | Nigel Stainton | NZL | 52.44 | 2012 |
| M55 | Bob Banens     | AUS | 51.44 | 2006 |

#### Javelin (600g current specifications)

|     |             |     |       |      |
|-----|-------------|-----|-------|------|
| M60 | Bob Banens  | AUS | 48.74 | 2010 |
| M65 | Tom Hancock | AUS | 40.02 | 2002 |

#### Javelin (500g from 2000)

|     |                 |     |       |      |
|-----|-----------------|-----|-------|------|
| M70 | Guy Quartermain | AUS | 36.51 | 2012 |
| M75 | Arnie Delaite   | AUS | 31.67 | 2019 |

#### Javelin (400g from 2000)

|     |               |     |       |      |
|-----|---------------|-----|-------|------|
| M80 | Dave Scratton | NZL | 26.51 | 2000 |
| M85 | Ron Johnson   | NZL | 24.77 | 2018 |
| M90 | Max McKay     | AUS | 10.22 | 2014 |

#### Hammer (7.26kg)

|     |                  |     |       |      |
|-----|------------------|-----|-------|------|
| M30 | Brentt Jones     | NFI | 48.86 | 2000 |
| M35 | Ricard Meiring   | AUS | 59.00 | 2014 |
| M40 | Frederic Cassier | NCL | 50.14 | 1992 |
| M45 | Mark Cumming     | NZL | 46.97 | 2012 |

#### Hammer (6kg)

|     |              |     |       |      |
|-----|--------------|-----|-------|------|
| M50 | Ken Readwin  | AUS | 48.62 | 1994 |
| M55 | Mark Cumming | NZL | 49.52 | 2018 |

#### Hammer (5kg)

|     |               |     |       |      |
|-----|---------------|-----|-------|------|
| M60 | Kevin Bradley | NZL | 46.74 | 2008 |
| M65 | Laurie Devlin | NZL | 45.33 | 2002 |

#### Hammer (4kg)

|     |               |     |       |      |
|-----|---------------|-----|-------|------|
| M70 | Laurie Devlin | NZL | 44.54 | 2006 |
| M75 | Kevin Bradley | NZL | 34.72 | 2019 |

#### Hammer (3kg)

|     |                |     |       |      |
|-----|----------------|-----|-------|------|
| M80 | Wim Van Weenen | AUS | 36.47 | 2014 |
| M85 | Ron Johnson    | NZL | 25.07 | 2018 |
| M90 | Max MacKay     | NZL | 18.36 | 2014 |

#### Discus (2kg)

|     |              |     |       |      |
|-----|--------------|-----|-------|------|
| M30 | Alan White   | AUS | 35.60 | 2000 |
| M35 | Jamie Muscat | AUS | 43.84 | 2014 |

|     |                      |     |          |      |
|-----|----------------------|-----|----------|------|
| W35 | Gabrielle Gorst      | NZL | 48:47    | 2002 |
| W40 | Jane Jackson         | NZL | 55:52    | 1990 |
| W45 | Marlene Robb         | AUS | 55:55    | 1994 |
| W50 | Staunton-Jugovic     | AUS | 56:34    | 2014 |
| W55 | Heather Carr         | AUS | 54:01    | 2006 |
| W60 | Sandy Brunner        | AUS | 57:27    | 2006 |
| W65 | Alison Thompson      | AUS | 60:09.05 | 2019 |
| W70 | Jacqueline Wison     | NZL | 64:57.00 | 2018 |
| W75 | Gwen Steed           | AUS | 73:46.70 | 2019 |
| W80 | Christiane Dauphinet | AUS | 80:32.00 | 2012 |

#### Half Marathon (Best Performances)

|     |                        |     |          |      |
|-----|------------------------|-----|----------|------|
| W30 | Ronnie Cole            | NZL | 01:32:09 | 1998 |
| W35 | Yvonne Evans           | NZL | 01:26:17 | 2006 |
| W40 | Jenny Dowie            | AUS | 01:29:25 | 2002 |
| W45 | Bernie Portesnki       | NZL | 01:19:38 | 1998 |
| W50 | Brenda Fortune         | NZL | 01:36:41 | 2006 |
| W55 | Lavinia Petrie         | AUS | 01:32:33 | 2002 |
| W60 | Judth Stewart          | NZL | 1:40.07  | 2010 |
| W65 | Lavinia Petrie         | AUS | 1:40.10  | 2012 |
| W70 | Lavinia Petrie         | AUS | 1:37:38  | 2014 |
| W75 | Clasina van der Veeken | NZL | 2:26.11  | 2008 |
| W80 | Clasina van der Veeken | NZL | 2:39.21  | 2012 |

#### Javelin (600g current specifications)

|     |                 |     |       |      |
|-----|-----------------|-----|-------|------|
| W30 | Sallyann Moiler | AUS | 36.20 | 2019 |
| W35 | Jayne Hardy     | AUS | 38.09 | 2002 |
| W40 | Jayne Hardy     | AUS | 38.65 | 2006 |
| W45 | Jayne Hardy     | AUS | 37.01 | 2010 |

#### Javelin (500g from 2000)

|     |               |     |       |      |
|-----|---------------|-----|-------|------|
| W50 | Suzanne Coats | AUS | 29.81 | 2019 |
| W55 | Mary Thomas   | AUS | 37.90 | 2000 |

#### Javelin (500g from 2014)

|     |               |     |       |      |
|-----|---------------|-----|-------|------|
| W60 | Wilma Perkins | AUS | 21.72 | 2014 |
| W65 | Carol Davis   | AUS | 25.12 | 2019 |
| W70 | Mary Thomas   | AUS | 21.51 | 2015 |

#### Javelin (400g from 2000)

|     |                       |     |       |      |
|-----|-----------------------|-----|-------|------|
| W75 | Heather Doherty       | AUS | 19.78 | 2008 |
| W80 | Heather Doherty       | AUS | 19.45 | 2014 |
| W80 | Tserendolgar Tumurbat | MGL | 19.69 | 2019 |
| W85 | Heather Doherty       | AUS | 8.68  | 2019 |
| W90 | Ruth Frith            | AUS | 10.09 | 2002 |
| W95 | Ruth Frith            | AUS | 7.98  | 2004 |

#### Hammer (4kg)

|     |               |     |       |      |
|-----|---------------|-----|-------|------|
| W30 | Raelene Bates | NZL | 43.71 | 1998 |
| W35 | Jayne Hardy   | AUS | 41.87 | 2002 |
| W40 | Jayne Hardy   | AUS | 43.52 | 2006 |
| W45 | Althea Mackie | AUS | 41.80 | 2015 |

#### Hammer (3kg)

|     |                |     |       |      |
|-----|----------------|-----|-------|------|
| W50 | Sharon Gibbins | AUS | 45.70 | 2008 |
| W55 | Helen Searle   | AUS | 45.98 | 1996 |
| W60 | Jan Davies     | AUS | 42.20 | 2002 |
| W65 | Helen Searle   | AUS | 39.51 | 2006 |
| W70 | Helen Searle   | AUS | 33.07 | 2012 |

#### Hammer (2kg from 2010)

|      |                 |     |       |      |
|------|-----------------|-----|-------|------|
| W75  | Jan Banens      | AUS | 32.02 | 2018 |
| W80  | Helen Searle    | AUS | 27.03 | 2019 |
| W85  | Heather Doherty | AUS | 16.82 | 2019 |
| W90  | Ruth Frith      | AUS | 11.85 | 2002 |
| W95  | Ruth Frith      | AUS | 11.16 | 2006 |
| W100 | Ruth Frith      | AUS | 9.64  | 2012 |

#### Discus (1 kg)

|     |               |     |       |      |
|-----|---------------|-----|-------|------|
| W30 | Chris Schultz | AUS | 48.12 | 1984 |
| W35 | Chris Schultz | AUS | 47.86 | 1986 |



|                                      |                  |     |       |      |
|--------------------------------------|------------------|-----|-------|------|
| M40                                  | Merve Kemp       | AUS | 43.88 | 1984 |
| M45                                  | Todd Davey       | AUS | 44.56 | 2015 |
| <b>Discus (1.5 kg)</b>               |                  |     |       |      |
| M50                                  | Stuart Gyngell   | AUS | 49.65 | 2014 |
| M55                                  | Ray Green        | AUS | 41.65 | 2002 |
| <b>Discus (1 kg)</b>                 |                  |     |       |      |
| M60                                  | Ray Green        | AUS | 50.27 | 2006 |
| M65                                  | Tom Hancock      | AUS | 45.93 | 2002 |
| M70                                  | Keith James      | AUS | 39.54 | 2012 |
| M75                                  | Rudi Hochreiter  | AUS | 34.60 | 2002 |
| M80                                  | Feliks Jekabsons | AUS | 26.96 | 2006 |
| M85                                  | Ron Johnson      | NZL | 22.90 | 2018 |
| M90                                  | Peter Tearle     | NZL | 12.91 | 2018 |
| <b>Shot Put (7.26kg)</b>             |                  |     |       |      |
| M30                                  | Saimoni Koroi    | FIJ | 12.92 | 1994 |
| M35                                  | Soane Lakafia    | NCL | 14.10 | 1996 |
| M40                                  | Stuart Gyngell   | AUS | 16.29 | 2008 |
| M45                                  | Laini Inivale    | NZL | 13.68 | 2015 |
| <b>Shot Put (6 kg)</b>               |                  |     |       |      |
| M50                                  | Stuart Gyngell   | AUS | 17.57 | 2014 |
| M55                                  | Richard Harris   | NZL | 13.41 | 1990 |
| <b>Shot put (5 kg)</b>               |                  |     |       |      |
| M60                                  | Richard Harris   | NZL | 13.51 | 1994 |
| M65                                  | Charlie Rann     | AUS | 12.75 | 1992 |
| <b>Shot Put (4 kg)</b>               |                  |     |       |      |
| M70                                  | Rudi Hochreiter  | AUS | 12.72 | 1998 |
| M75                                  | Jim Peridis      | AUS | 11.42 | 2002 |
| <b>Shot Put (3 kg)</b>               |                  |     |       |      |
| M80                                  | Feliks Jekabsons | AUS | 10.09 | 2006 |
| M85                                  | Ron Johnson      | NZL | 8.05  | 2018 |
| M90                                  | Peter Tearle     | NZL | 6.26  | 2018 |
| <b>Weight Throw (15.88kg - 35lb)</b> |                  |     |       |      |
| M30                                  | Vincent Smith    | NZL | 13.09 | 2012 |
| M35                                  | Ricard Meiring   | AUS | 18.59 | 2014 |
| M40                                  | Stuart Gyngell   | AUS | 13.78 | 2008 |
| M45                                  | Mark Cumming     | NZL | 14.60 | 2012 |
| <b>Weight Throw (11.34kg - 25lb)</b> |                  |     |       |      |
| M50                                  | Stuart Gyngell   | AUS | 18.05 | 2014 |
| M55                                  | Mark Cumming     | NZL | 18.51 | 2018 |
| <b>Weight Throw (9.08kg - 20lb)</b>  |                  |     |       |      |
| M60                                  | Ray Green        | AUS | 17.45 | 2006 |
|                                      | Kevin Bradley    | NZL | 17.45 | 2006 |
| M65                                  | Laurie Devlin    | NZL | 17.43 | 2004 |
| <b>Weight Throw (7.26kg - 16lb)</b>  |                  |     |       |      |
| M70                                  | Laurie Devlin    | NZL | 18.06 | 2006 |
| M75                                  | Ken Priestley    | AUS | 14.59 | 2014 |
| <b>Weight Throw (5.54kg - 12lb)</b>  |                  |     |       |      |
| M80                                  | Norm Windred     | AUS | 12.19 | 2008 |
| M85                                  | Dave Scratton    | NZL | 10.99 | 2004 |
| <b>High Jump</b>                     |                  |     |       |      |
| M30                                  | Brad Osborn      | AUS | 1.78  | 2008 |
| M35                                  | John Turner      | NZL | 1.74  | 2006 |
| M40                                  | Evan McLean      | AUS | 1.82  | 2019 |
| M45                                  | Matthew Muell    | AUS | 1.78  | 2010 |
| M50                                  | Hoyoung Do       | NZL | 1.65  | 2012 |
|                                      | Brian Curry      | NZL | 1.65  | 2012 |
| M55                                  | Brian Curry      | NZL | 1.66  | 2018 |
| M60                                  | John Hunt        | AUS | 1.50  | 2002 |
| M65                                  | Gordon Gourlay   | AUS | 1.45  | 1994 |
| M70                                  | David Anstiss    | NZL | 1.36  | 2018 |
| M75                                  | Rudi Hochreiter  | AUS | 1.23  | 2002 |
| M80                                  | Jim Blair        | NZL | 1.13  | 2012 |
| M85                                  | Jim Blair        | NZL | 1.05  | 2019 |
| M90                                  | Alistair McKay   | NZL | 0.80  | 2018 |

|                                     |                       |     |       |      |
|-------------------------------------|-----------------------|-----|-------|------|
| W40                                 | Chris Schultz         | AUS | 42.52 | 1994 |
| W45                                 | Chris Schultz         | AUS | 42.66 | 1998 |
| W50                                 | Chris Schultz         | AUS | 38.23 | 2002 |
| W55                                 | Chris Schultz         | AUS | 33.54 | 2006 |
| W60                                 | Helen Searle          | AUS | 29.73 | 2002 |
| W65                                 | Helen Searle          | AUS | 27.53 | 2006 |
| W70                                 | Mary Thomas           | AUS | 22.03 | 2015 |
| <b>Discus (0.75 kg from 2010)</b>   |                       |     |       |      |
| W75                                 | Mary Thomas           | AUS | 22.75 | 2019 |
| W80                                 | Heather Doherty       | AUS | 20.30 | 2014 |
| W85                                 | Heather Doherty       | AUS | 13.84 | 2019 |
| W90                                 | Ruth Frith            | AUS | 10.89 | 2002 |
| W95                                 | Ruth Frith            | AUS | 10.90 | 2006 |
| <b>Shot Put (4 kg)</b>              |                       |     |       |      |
| W30                                 | Chris Schultz         | AUS | 14.98 | 1984 |
| W35                                 | Chris Schultz         | AUS | 14.12 | 1986 |
| W40                                 | Chris Schultz         | AUS | 13.25 | 1994 |
| W45                                 | Chris Schultz         | AUS | 13.17 | 1998 |
| <b>Shot put (3 kg)</b>              |                       |     |       |      |
| W50                                 | Chris Schultz         | AUS | 13.19 | 2002 |
| W55                                 | Mary Thomas           | AUS | 12.89 | 2000 |
| W60                                 | Helen Searle          | AUS | 12.31 | 2000 |
| W65                                 | Helen Searle          | AUS | 11.58 | 2004 |
| W70                                 | Helen Searle          | AUS | 9.16  | 2012 |
| <b>Shot put (2 kg from 2010)</b>    |                       |     |       |      |
| W75                                 | Mary Thomas           | AUS | 8.82  | 2019 |
| W80                                 | Heather Doherty       | AUS | 7.44  | 2014 |
| W80                                 | Tserendolgar Tumurbat | MGL | 9.32  | 2019 |
| W85                                 | Ruth Frith            | AUS | 5.42  | 1996 |
| W90                                 | Ruth Frith            | AUS | 5.21  | 2002 |
| W95                                 | Ruth Frith            | AUS | 4.72  | 2004 |
| <b>Weight Throw (9.08kg - 20lb)</b> |                       |     |       |      |
| W30                                 | Noella Flores         | PYF | 10.27 | 2010 |
| W35                                 | Fionnula Connors      | AUS | 10.81 | 2018 |
| W40                                 | Chris McCahill        | NZL | 15.03 | 2008 |
| W45                                 | Althea Mackie         | AUS | 12.84 | 2015 |
| <b>Weight Throw (7.26kg - 16lb)</b> |                       |     |       |      |
| W50                                 | Jayne Hardy           | AUS | 13.64 | 2015 |
| W55                                 | Jayne Hardy           | AUS | 12.73 | 2019 |
| <b>Weight Throw (5.54kg - 12lb)</b> |                       |     |       |      |
| W60                                 | Dorn Jenkins          | AUS | 17.36 | 2015 |
| W65                                 | Helen Searle          | AUS | 16.44 | 2004 |
| W70                                 | Jan Banens            | AUS | 12.41 | 2012 |
| <b>Weight Throw (4kg from 2010)</b> |                       |     |       |      |
| W75                                 | Glen Watts            | NZL | 11.71 | 2015 |
| W80                                 | Heather Doherty       | AUS | 9.63  | 2014 |
| W85                                 | Heather Doherty       | AUS | 6.82  | 2019 |
| W95                                 | Ruth Frith            | AUS | 5.16  | 2006 |
| <b>High Jump</b>                    |                       |     |       |      |
| W30                                 | Angela McKee          | NZL | 1.89  | 2006 |
| W35                                 | Veronique Boyer       | PYF | 1.65  | 2008 |
| W40                                 | Lynette Smith         | AUS | 1.53  | 2014 |
| W45                                 | Lenore Lambert        | AUS | 1.58  | 2019 |
| W50                                 | Marie Kay             | AUS | 1.45  | 2012 |
| W55                                 | Alex Lloyd            | AUS | 1.33  | 2014 |
| W60                                 | Margaret Taylor       | AUS | 1.26  | 2008 |
| W65                                 | Wilma Perkins         | AUS | 1.18  | 2015 |
| W70                                 | Margaret Taylor       | AUS | 1.15  | 2019 |
| W75                                 | Gwen Davidson         | AUS | 1.08  | 2000 |

**Long Jump**

|     |                   |     |      |      |      |
|-----|-------------------|-----|------|------|------|
| M30 | Jay Stone         | AUS | 6.36 | 2012 | 0.0  |
| M35 | Albert Miller     | FIJ | 6.21 | 1994 |      |
| M40 | Bob Lehman        | AUS | 6.29 | 2014 | 0.5  |
| M45 | Rodney Stone      | AUS | 5.76 | 1984 |      |
| M50 | Terry Hicks       | AUS | 5.45 | 2004 |      |
| M55 | Clay Tompkins     | AUS | 5.61 | 2008 |      |
| M60 | Graeme Noden      | AUS | 5.10 | 2000 |      |
| M65 | Graeme Noden      | AUS | 4.58 | 2006 |      |
| M70 | Graeme Noden      | AUS | 4.59 | 2008 |      |
| M75 | Graeme Noden      | AUS | 4.07 | 2014 | 1.6  |
| M80 | Max McKay         | AUS | 3.13 | 2004 |      |
| M85 | Maurice Dauphinot | AUS | 2.95 | 2012 | -3.2 |
| M90 | Alistair McKay    | NZL | 2.08 | 2018 | 0.4  |

**Triple Jump**

|     |                  |     |       |      |     |
|-----|------------------|-----|-------|------|-----|
| M30 | George Jankowski | AUS | 11.31 | 1994 |     |
| M35 | Russell Sarah    | AUS | 13.70 | 1982 |     |
| M40 | Kevin Todd       | NZL | 12.31 | 1990 |     |
| M45 | Stephen McKee    | NZL | 12.05 | 2006 |     |
| M50 | Stephen Burden   | NZL | 11.25 | 2012 | 1.3 |
| M55 | Clay Tompkins    | AUS | 12.22 | 2008 |     |
| M60 | Pat Timings      | NZL | 10.40 | 1990 |     |
| M65 | Geoff Shaw       | AUS | 9.45  | 2015 | 0.6 |
| M70 | Ian Sim          | NZL | 9.07  | 2018 | 1.4 |
| M75 | Rudi Hochreiter  | AUS | 8.34  | 2002 |     |
| M80 | Leo Coffey       | AUS | 7.30  | 2012 | 1.4 |
| M85 | Ron Johnson      | NZL | 5.34  | 2018 | 1.9 |

**Pole Vault**

|     |                  |     |      |      |  |
|-----|------------------|-----|------|------|--|
| M30 | Jamie Maret      | NZL | 3.80 | 1998 |  |
| M35 | Rob Hill         | AUS | 4.40 | 2008 |  |
| M40 | Brian Senior     | NZL | 3.85 | 1982 |  |
| M45 | Stephen McKee    | NZL | 3.65 | 2006 |  |
| M50 | Jim McGrath      | AUS | 3.10 | 1982 |  |
|     | Tim McGrath      | AUS | 3.1  | 2014 |  |
| M55 | Mark Lett        | NZL | 3.05 | 2018 |  |
| M60 | Bob Barclay      | AUS | 3.00 | 2002 |  |
| M65 | Geoff Shaw       | AUS | 2.70 | 2014 |  |
| M70 | Jim Poulter      | AUS | 2.50 | 2014 |  |
| M75 | Donald Chambers  | AUS | 1.85 | 2014 |  |
| M80 | Wallace Opperman | NZL | 1.45 | 2006 |  |
| M85 | Wallace Opperman | NZL | 1.00 | 2012 |  |

Updated for 2010 WMA factors

**Pentathlon (LJ, Jav, 200m, DT, 1500m)**

|            |   |            |             |             |  |
|------------|---|------------|-------------|-------------|--|
| M30        | Brad Osborne                                | AUS        | 2461        | 2008        |  |
|            | (5.59; 38.89; 25.02; 33.71; 5:31.22)        |            |             |             |  |
| M35        | Albert Miller                               | FIJ        | 3099        | 1994        |  |
|            | (6.21, 52.88, 24.0, 37.98, 5:28.8)          |            |             |             |  |
| M40        | Lloyd Mitchelson                            | AUS        | 3296        | 1984        |  |
|            | (5.40, 48.02, 24.8, 31.86, 4:31.0)          |            |             |             |  |
| M45        | John Cooper                                 | AUS        | 3358        | 1990        |  |
| M50        | Terry Hicks                                 | AUS        | 3538        | 2004        |  |
| <b>M55</b> | <b>Luke De Biasi</b>                        | <b>AUS</b> | <b>3522</b> | <b>2019</b> |  |
|            | <b>(5.98, 33.58, 25.71, 28.56, 5:46.11)</b> |            |             |             |  |
| M60        | Peter Gatti                                 | AUS        | 3419        | 1996        |  |
| M65        | Fred O'Connor                               | AUS        | 3984        | 1990        |  |
| M70        | Ken Daniels                                 | AUS        | 3084        | 2008        |  |
|            | (3.95; 31.99; 31.38; 25.19; 7:09.23)        |            |             |             |  |
| M75        | Hector Mein                                 | NZL        | 2825        | 2006        |  |
|            | (3.42, 23.17, 36.80, 19.82, 6:40.89)        |            |             |             |  |
| M80        | Hector Mein                                 | NZL        | 1931        | 2012        |  |
|            | (2.89, 18.34, 46.94, 16.54, 9:18.13)        |            |             |             |  |
| M85        | Rad Leovic                                  | AUS        | 2439        | 2014        |  |
|            | (2.31, 14.86, 45.49, 14.50, 8:29.14)        |            |             |             |  |

**Long Jump**

|            |                         |            |             |             |             |
|------------|-------------------------|------------|-------------|-------------|-------------|
| <b>W30</b> | <b>Helena Dinnissen</b> | <b>AUS</b> | <b>5.78</b> | <b>2019</b> | <b>1.7</b>  |
| W35        | Eileen Hindle           | AUS        | 5.55        | 1984        | 0.3         |
| W40        | Gianna Mogentale        | AUS        | 5.21        | 2004        |             |
| W45        | Marie Kay               | AUS        | 5.31        | 2006        | 0.0         |
| W50        | Marie Kay               | AUS        | 5.23        | 2012        |             |
| W55        | Wilma Perkins           | AUS        | 4.29        | 2004        |             |
| W60        | Margaret Taylor         | AUS        | 4.38        | 2008        | 0.7         |
| <b>W65</b> | <b>Carol Davis</b>      | <b>AUS</b> | <b>4.05</b> | <b>2019</b> | <b>0.0</b>  |
| <b>W70</b> | <b>Margaret Taylor</b>  | <b>AUS</b> | <b>3.65</b> | <b>2019</b> | <b>-0.1</b> |
| <b>W75</b> | <b>Ruth Johnson</b>     | <b>AUS</b> | <b>2.78</b> | <b>2019</b> | <b>-0.1</b> |
| <b>W80</b> | <b>Miriam Cudmore</b>   | <b>AUS</b> | <b>2.93</b> | <b>2019</b> | <b>0.1</b>  |

**Triple Jump**

|            |                         |            |              |             |             |
|------------|-------------------------|------------|--------------|-------------|-------------|
| <b>W30</b> | <b>Helena Dinnissen</b> | <b>AUS</b> | <b>11.85</b> | <b>2019</b> | <b>0.0</b>  |
| W35        | Veronique Boyer         | PYF        | 11.36        | 2008        |             |
| W40        | Julie Brims             | AUS        | 10.59        | 2006        |             |
| W45        | Marie Kay               | AUS        | 10.68        | 2006        |             |
| W50        | Helen Searle            | AUS        | 9.54         | 1990        |             |
| W55        | Anne Hunter             | NZL        | 8.87         | 2006        |             |
| W60        | Margaret Taylor         | AUS        | 9.22         | 2008        | 1.9         |
| <b>W65</b> | <b>Carol Davis</b>      | <b>AUS</b> | <b>7.90</b>  | <b>2019</b> | <b>-1.3</b> |
| <b>W70</b> | <b>Margaret Taylor</b>  | <b>AUS</b> | <b>7.77</b>  | <b>2019</b> | <b>0.0</b>  |
| W75        | Frances Bayler          | NZL        | 6.24         | 2015        |             |
| <b>W80</b> | <b>Miriam Cudmore</b>   | <b>AUS</b> | <b>6.64</b>  | <b>2019</b> | <b>-3.9</b> |

**Pole Vault**

|            |                     |            |             |             |  |
|------------|---------------------|------------|-------------|-------------|--|
| W30        |                     |            |             |             |  |
| W35        | Ros Montse          | AUS        | 2.50        | 2014        |  |
| W40        | Joanne Anderson     | NZL        | 2.40        | 1994        |  |
| W45        | Joanne Anderson     | NZL        | 2.20        | 1998        |  |
|            | Wilma Perkins       | AUS        | 2.20        | 1998        |  |
| <b>W50</b> | <b>Delwyn Smith</b> | <b>NZL</b> | <b>2.40</b> | <b>2019</b> |  |
| W55        | Wilma Perkins       | AUS        | 2.20        | 2006        |  |
| W60        | Wilma Perkins       | AUS        | 2.30        | 2010        |  |

Updated for 2010 WMA factors

**Pentathlon (100m, SP, LJ, Jav, 800m)**

|                                   |  |            |             |             |  |
|-----------------------------------|--|------------|-------------|-------------|--|
| W30                               | Wilma Perkins                              | AUS        | 2864        | 1984        |  |
|                                   | (12.70, 9.42, 5.25, 28.71, 2:49.4)         |            |             |             |  |
| W35                               | Eileen Hindle                              | AUS        | 3031        | 1984        |  |
|                                   | (12.51, 6.98, 5.42, 22.14, 2:30.8)         |            |             |             |  |
| W40                               | Lee-An Grosvenor                           | AUS        | 3153        | 2014        |  |
|                                   | (13.58, 8.84, 4.51, 27.57, 2:29.06)        |            |             |             |  |
| W45                               | Chris Battersby                            | AUS        | 3564        | 1990        |  |
| W50                               | Gianna Mogentale                           | AUS        | 3479        | 2014        |  |
|                                   | (13.29, 7.28, 4.58, 16.61, 2:33.56)        |            |             |             |  |
| <b>W55</b>                        | <b>Vicki Townsend</b>                      | <b>AUS</b> | <b>3202</b> | <b>2019</b> |  |
|                                   | <b>(14.80, 9.57, 3.91, 19.87, 3:30.64)</b> |            |             |             |  |
| <b>W60-74 Jav 500g from 2014)</b> |  |            |             |             |  |
| W60                               | Clare Giles                                | NZL        | 2867        | 2018        |  |
|                                   | (16.01;7.47;3.31;16.09;3:20.82)            |            |             |             |  |
| <b>W65</b>                        | <b>Carol Davis</b>                         | <b>AUS</b> | <b>3808</b> | <b>2019</b> |  |
|                                   | <b>(16.11, 7.03, 3.80, 22.63, 3:12.21)</b> |            |             |             |  |
| W70                               | Judy Hammond (400g Ja                      | NZL        | 3028        | 2008        |  |
|                                   | (17.32; 6.20; 3.06; 13.37; 3:57.88)        |            |             |             |  |
| W75                               | Ruth Johnson                               | AUS        | 2878        | 2019        |  |
|                                   | <b>(19.24, 5.41, 2.78, 10.96, 4:13.32)</b> |            |             |             |  |
| W80                               | Judy Hammond                               | NZL        | 3036        | 2018        |  |

M90 Frank Cox NZL 560 2002 (20.49;5.59;2.58;10.49;5:20.88)  
(1.43, 6.31, 66.09, 7.19, DNF)

Updated for 2010 WMA factors

**Throws Pentathlon (Ham, SP, DT, Jav, Wt)**

M30 Stuart Chirnside NZL 2723 1998  
M35 Ricard Meiring AUS 3117 2014  
(54.66, 10.87, 29.78, 33.64, 18.34)  
M40 Frederic Cassier NCL 3769 1992  
M45 Todd Davey AUS 3729 2015  
(39.25, 13.67, 40.64, 40.61, 13.73)  
M50 Stuart Gyngell AUS 4192 2015  
(47.83, 17.05, 50.09, 36.29, 17.10)  
M55 Ray Green AUS 3617 2002  
(41.96, 11.59, 41.16, 35.12, 13.73)  
M60 Graeme Rose AUS 3896 2008  
(45.46; 12.58; 38.17; 39.48; 16.78)  
M65 Tom Hancock AUS 4076 2002  
(37.08, 11.69, 43.96, 39.26, 14.95)  
M70 Sam Johnson NZL 4356 1992  
M75 Dave Scratton NZL 3682 1998  
M80 Feliks Jakabsons AUS 3539 2006  
(28.97, 9.98, 26.96, 19.30, 12.43)  
M85 Dave Scratton NZL 4074 2004

Updated for 2010 WMA factors

**Decathlon (100m, LJ, SP, HJ, 400m / Hurd, DT, PV, Jav, 1500m)**

M30 Peter Hollenbeck AUS 5308 2019  
(12.01, 5.93, 11.58, 1.68, 62.23, 17.77, 35.43, 4.40, 49.28, 6:12.52)  
M35 Geoff Gibbons AUS 6122 2012  
(11.97, 5.71, 10.08, 1.64, 51.24, 16.48, 29.47, 3.70, 47.34, 4:35.55)  
M40 Peter Ranginui NZL 4854 2012  
(13.11, 5.02, 8.29, 1.79, 62.32, 18.82, 30.92, 2.60, 37.88, 5:48.72)  
M45 Wayne Doyle NZL 5905 2012  
(12.99, 5.19, 11.19, 1.55, 59.47, 19.56, 32.20, 3.00, 45.01, 5:34.73)  
M50 Andrew Brooker AUS 5954 2019  
(13.58, 5.33, 9.18, 1.55, 61.79, 17.84, 31.41, 2.80, 40.12, 5:19.30)  
M55 Andrew Millard AUS 6193 2019  
(12.99, 5.14, 8.36, 1.52, 60.78, 19.00, 29.85, 2.80, 27.80, 5:39.34)  
M60 Mark McLean AUS 5984 2019  
(13.49, 4.46, 8.95, 1.40, 65.58, 17.56,, 24.48, 2.20, 30.95, 5:54.67)  
M65 Warren Green NZL 4691 2018  
(14.60;3.15;7.66;1.20;74.32;24.58;24.48;2.10;28.83;6:41.71)  
M70 Ken Daniels AUS 5995 2008  
(15.00; 4.14; 8.31; 1.21; 73.03; 17.88; 26.71; 2.00; 31.98; 7:00.11)  
M75 Donald Chambers AUS 4608 2014  
(16.10, 3.67, 8.54, 1.10, 92.31, 18.44, 16.73, 1.85, 19.15, DNF)  
M80 Rad Leovic AUS 3082 2012  
(20.60,2.60, 6.84, 0.92,1:42.27, 29.47, 13.93, 0.80, 14.22, 9:07.91)  
M85 Ron Johnson NZL 5513 2018  
(19.92;2.55;8.32;0.99;1:42.99;DNF;20.11;1.50;25.21;9:07.39)

**Throws Pentathlon (Ham, SP, DT, Jav, Wt)**

W30 Raylene Bates NZL 3339 1998  
W35 Chris Schultz AUS 4056 1990  
W40 Jayne Hardy AUS 3877 2006  
(41.99, 10.40, 37.29, 38.65, 13.87)  
W45 Chris Schultz AUS 4355 1998  
W50 Chris Schultz AUS 4116 2002  
(35.64, 12.97, 39.49, 25.87, 13.83)  
W55 Helen Searle AUS 4596 1996

**W60-74 Jav 500g from 2014)**

W60 Dorn Jenkins NZL 4443 2015  
(43.51, 8.85, 28.72, 21.85, 15.57)  
W65 June Lowe AUS 4361 2019  
(36.24, 9.84, 20.78, 23.40, 12.49)  
W70 Mary Thomas AUS 4377 2015  
(27.95, 8.01, 23.32, 21.03, 11.94)

**New weight specifications from 2010**

W75 Mary Thomas AUS 4312 2019  
(28.35, 8.94, 22.70, 19.27, 10.43)  
W80 Judy Hammond NZL 3036 2018  
(20.49, 5.59, 2.58, 10.49, 5:20.88)  
W80 Tserendolgar Tumurbat MGL 4579 2019  
(24.84, 9.11, 18.97, 20.09, 8.53)  
W85 Ruth Frith AUS 3561\* 1996  
W90 Ruth Frith AUS 3461 2002  
(12.49, 4.97, 10.31, 10.51, 5.71)  
W95 Ruth Frith AUS 3779 2006  
(11.08, 4.35, 9.78, 6.43, 5.16)

**Heptathlon (Hurd, HJ, SP, 200m, LJ, Jav, 800m)**

W30 Jessica Dux AUS 3044 2018  
(18.43;1.33;7.75;27.80;4.61;19.19;2:56.11)  
W35 Lynette Smith AUS 4192 2008  
(18.43; 1.58; 10.03; 29.85; 4.42; 33.91; 2:26.41)  
W40 Lee-Ann Grosvenor AUS 4068 2014  
(15.69, 1.27, 9.05, 27.92, 4.54, 27.41, 2:33.4)  
W45 Carolyn Wills NZL 4019 2018  
(15.44;1.42;8.95;30.65;3.93;24.67;3:09.69)  
W50 Marie Kay AUS 5831 2010  
(13.13; 1.48; 11.19; 28.22; 4.69; 30.33; 2:52.47)  
W55 Vicki Townsend AUS 4770 2019  
(14.60, 1.28, 10.29, 31.20, 3.91, 21.42, 3:44.75)

**W60-74 Jav 500g from 2014)**

W60 Carol Bowman AUS 2525 2018  
(22.07;1.06;4.55;37.34;2.46;9.62;3:28.69)  
W65 Gail Kirkman NZL 5598 2018  
(15.71;1.24;7.45;31.59;3.37;11.35;2:51.08)  
W70 Marj Allison AUS 5022 2015  
(17.92, 1.02, 5.99, 35.18, 2.75, 16.44, 3:25.94)  
W75 Judy Hammond NZL 3442 2015  
(DNF, 0.99, 6.10, 42.07, 2.60, 11.65, 4:52.56)

AUS Australia  
NZL New Zealand  
PYF French Polynesia  
NCL New Caledonia  
FIJ Fiji  
TON Tonga  
NFI Norfolk Island

SOL

MGL

Soloman Islands

Mongolia

**ARCHIVED RECORDS**

**Javelin 400g**

W60 Mary Thomas AUS 33.83 2004

W70 Wini Pepene NZL 23.76 2002

**Pentathlon (100m, SP, LJ, Jav 400g, 800m)**

W60 Beryl Vine NZL 3225 1990

W65 Wini Pepene NZL 2989 1996

**Throws Pentathlon (Ham, SP, DT, Jav 400g, Wt)**

W60 Helen Searle AUS 4521 2002  
(39.48, 11.49, 26.29, 25.20, 15.04)

W65 Helen Searle AUS 5399 2004

**Heptathlon (Hurd, HJ, SP, 200m, LJ, Jav, 800m)**

W60 Marj Allison (400g Jav) AUS 5076 2008  
(15.10; 1.24; 6.93; 31.90; 3.66; 18.48; 2:53.86)