

OCEANIA CHAMPIONSHIP RECORDS AS AT January 2018

Records set in 2019 shown in red. Adjustments to previous years shown in green

Records set by non-Oceania athletes shown in addition to resident Oceania athletes shown in blue

Records set with current equipment specifications. Womens records set with 400g Javelin are archived at the foot of the spreadsheet until the individual event distance or the combined event score is beaten

MEN					WOMEN						
Event Name	Performance	Year	Wind		Event Name	Performance	Year	Wind			
60m					60m						
M30	Travis Venema	AUS	7.19	2008	W30	Helna Dinnissen	NZL	8.15	2019	-0.2	
M35	Travis Venema	AUS	7.40	2010	NWI	Ranell Hobson	AUS	8.16	2008		
M40	Greg Smith	AUS	7.30	2012	1.0	W40	Ranell Hobson	AUS	8.25	2014	-3.6
M45	John Campbell	NZL	7.65	2012	-1.9	W45	Marie Kay	AUS	8.41	2008	
M50	Stephen Jones	AUS	7.83	2015	0.9	W50	Gianna Mogentale	AUS	8.39	2015	1.5
M55	Luke De Biasi	AUS	7.96	2019	0.3	W55	Liz Wilson	NZL	8.54	2018	1.7
M60	Paul Turner	AUS	8.09	2014	-1.6	W60	Lynne Choate	AUS	9.27	2014	-0.2
M65	Neville McIntyre	AUS	8.36	2008		W65	Wilma Perkins	AUS	9.52	2015	1.9
M70	Trevor Guptill	NZL	8.73	2019	-0.7	W70	Sheryl Gower	NZL	9.92	2019	-1.7
M75	David Clive	AUS	9.33	2015	0.9	W75	Margaret Peters	NZL	10.61	2010	-1.6
M80	Norm Windred	AUS	9.89	2008		W80	Margaret Peters	NZL	11.35	2014	-2.1
M85	Maurice Dauphinot	AUS	11.12	2012	-0.5	W85	Clasina van der Veeken	NZL	15.00	2018	-0.3
M85	Radnaa Tseran	MGL	10.53	2019	-0.1						
M90	James Sinclair	AUS	12.41	2015	1.0	W90	Gwen Gleeson	AUS	16.74	2019	-1.0
M95	James Sinclair	AUS	15.24	2019	-0.1						
100m					100m						
M30	Travis Venema	AUS	11.40	2008		W30	Beverly Peterson	NZL	12.41	1990	
M35	Paul Makakaufaki	TON	11.49	2012	1.0	W35	Wendy Brown	NZL	12.71	1990	
M40	Brendon Wilson	AUS	11.20	1984		W40	Julie Brims	AUS	12.54	2006	
M45	Reg Austin	AUS	11.40	1982		W45	Marie Kay	AUS	13.16	2006	
M50	Gary Parkinson	AUS	12.01	2019	1.6	W50	Gianna Mogentale	AUS	13.29	2014	0.0
M55	Alan Hill	NZL	12.30	1982		W55	Liz Wilson	NZL	13.49	2018	1.7
	Rudi Hochreiter	AUS	12.30	1984							
M60	Laurence Malcolmson	NZL	12.67	2010	1.0	W60	Shirley Peterson	NZL	15.05	1990	
M65	Neville McIntyre	AUS	13.19	2008		W65	Carol Davis	AUS	15.31	2019	0.7
M70	Hugh Coogan	AUS	13.85	2006		W70	Margaret Peters	NZL	15.88	2006	
M75	Rudi Hochreiter	AUS	15.34	2002		W75	Margaret Peters	NZL	16.95	2010	-0.1
M80	Mike Johnston	AUS	15.61	2002		W80	Margaret Peters	NZL	19.20	2014	-3.1
M85	Ron Johnson	NZL	20	2018	2.0						
M90	James Sinclair	AUS	21.02	2015	-1.8						
M95	James Sinclair	AUS	25.39	2019	1.2						
200m					200m						

M30	Adam Farlow	AUS	22.46	2014						
M35	Max Warlow	AUS	22.80	1984						
M40	Brendon Wilson	AUS	22.80	1984						
M45	Reg Austin	AUS	22.60	1984						
M50	Gary Parkinson	AUs	24.37	2019	1.2					
M55	Rob Mayston	AUS	25.20	2014						
M60	Laurence Malcolmson	NZL	26.11	2010	1.2					
M65	Colin Buyers	AUS	26.20	2008						
M70	Hugh Coogan	AUS	28.10	2006						
M75	David Trantrill	AUS	29.89	2014						
M80	Mike Johnston	AUS	32.49	2002						
M85	Jim Sinclair	AUS	39.08	2012	1.6					
M85	Radnaa Tseran	MGL	33.79	2019	-0.5					
M90	James Sinclair	AUS	46.79	2015	-2.0					
M95	Eric de Lautour	NZL	59.96	2015	-2.0					

400m

M30	Jay Stone	AUS	48.72	2012						
M35	Max Warlow	AUS	50.80	1984						
M40	Brendon Wilson	AUS	51.70	1984						
M45	Peter Crombie	AUS	52.75	1990						
M50	Gary Parkinson	AUS	54.85	2019						
M55	Rob Mayston	AUS	56.02	2014						
M60	John Lamb	AUS	58.32	2012						
M65	Hugh Coogan	AUS	61.15	2004						
M70	Hugh Coogan	AUS	62.28	2006						
M75	Colin Woods	AUS	74.12	2012						
M80	Mike Johnston	AUS	75.64	2002						
M85	Eric de Lautour	NZL	89.82	2006						
M85	Radnaa Tseran	MGL	79.19	2019						
M90	James Sinclair	AUS	2:04.37	2015						
M95	Eric de Lautour	NZL	2:44.23	2015						

800m

M30	Brayden Grant	NZL	1:59.77	2018						
M35	Charles Macek	AUS	2:00.0	1984						
M40	Brian Turnbull	NZL	1:58.6	1998						
M45	Ian Babe	NZL	2:00.5	1984						
M50	Tom Roberts	AUS	2:00.7	1984						
M55	Derek Turnbull	NZL	2:06.6	1982						
M60	George McGrath	AUS	2:17.9	1982						
M65	Jack Stevens	AUS	2:22.9	1982						
M70	Kevin Soloman	AUS	2:36.33	2018						
M75	Max Brook	AUS	3:00.00	2012						

800m

W30	Wilma Perkins	AUS	25.80	1984						
W35	Eileen Hindle	AUS	25.70	1984						
W40	Julie Brims	AUS	26.15	2006						
W45	Marie Kay	AUS	26.55	2006						
W50	Gianna Mogentale	AUS	26.69	2014	1.5					
W55	Liz Wilson	NZL	28.16	2018	1.7					
W60	Ann Cooper	AUS	30.79	1990						
W65	Jeanette Flynn	AUS	30.55	2018	0.6					
W70	Sheryl Gower	NZL	33.46	2019	-1.1					
W75	Chris Waring	NZL	35.99	2019	-0.9					
W80	Margaret Peters	NZL	40.27	2014	1.5					

W30	Marissa Stephen	NZL	57.79	2002						
W35	Marge Allison	AUS	58.50	1984						
W40	Suzy Cole	AUS	59.13	2012						
W45	Marie Kay	AUS	59.27	2006						
W50	Gianna Mogentale	AUS	62.62	2014						
W55	Liz Wilson	NZL	65.54	2018						
W60	Jeanette Flynn	AUS	68.94	2014						
W65	Jeanette Flynn	AUS	69.01	2018						
W70	Marge Allison	AUS	79.76	2006						
W75	Chris Waring	NZL	87.97	2019						
W80	Corinne Collins	AUS	105.66	2019						

M80	Michael Jackes	AUS	3:21.72	2019					
M85	Eric de Lautour	NZL	3:37.99	2008					
M95	Eric de Lautour	NZL	06:29.6	2015					

W80	Shirley Brasher	AUS	4:54.39	2008
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1500m

M30	Brendan Whelan	AUS	04:07.7	2006
M35	Charles Macek	AUS	04:06.1	1984
M40	Alan Bradford	AUS	04:07.0	1982
M45	Ian Babe	NZL	04:12.7	1984
M50	Andrew Stark	NZL	4:18.10	2008
M55	Ron Robertson	NZL	04:23.9	1998
M60	Bert Carse	AUS	04:43.0	2002
M65	Ron Robertson	NZL	4:54.99	2008
M70	Peter Sandery	AUS	5:23.64	2012
M75	Peter Sandery	AUS	6:12.47	2018
M80	Michael Jackes	AUS	7:02.03	2019
M85	Eric de Lautour	NZL	07:03.4	2006
M90	Eric de Lautour	NZL	12:23.87	2012
M95	Eric de Lautour	NZL	14:06.88	2015

1500m

W30	Salome Tabuatalei	FIJ	04:55.2	1994
W35	Tina Faulkner	NZL	4:37.66	2018
W40	Suzu Cole	AUS	4:32.93	2012
W45	Meghann Stewart	NZL	5:07.64	2014
W50	Sally Gibbs	NZL	4:48.49	2018
W55	Louisa Abram	AUS	4:59.36	2018
W60	Kathy Sims	AUS	5:42.22	2012
W65	Lavinia Petrie	AUS	5:58.89	2012
W70	Lavinia Petrie	AUS	6:06.00	2014
W75	Myrtle Roufg	NZL	7:37.46	2018
W80	Clasina Van Der Veecken	NZL	10:48.55	2014

5000m

M30	Brendan Whelan	AUS	15:25.5	2006
M35	Gary Hand	AUS	15:00.3	1984
M40	Paul Sumpster	NZL	15:07.9	1990
M45	Graham Tattersall	NZL	15:55.2	1990
M50	Allan Davis	NZL	16:17.0	1990
M55	Ron Robertson	NZL	16:06.0	1998
M60	Trevor Ogilvie	NZL	17:36.34	2012
M65	Colin McLeod	AUS	18:13.1	2002
M70	Peter Sandery	AUS	19:24.62	2012
M75	Win Nelmes	NZL	22:45.0	1990
M80	Michael Jackes	AUS	26:03.74	2019
M85	Eric de Lautour	NZL	26:51.3	2006

5000m

W30	Robyn Stansfield	NZL	18:38.2	1998
W35	Karen Gobby	AUS	17:07.7	1990
W40	Dot Browne	AUS	17:32.0	1984
W45	Sally Gibbs	NZL	16:53.78	2012
W50	Margaret Orman	NZL	19:19.0	1992
W55	Louisa Abram	AUS	18:44.52	2018
W60	Kathy Sims	AUS	20:56.69	2012
W65	Lavinia Petrie	AUS	21:08.79	2012
W70	Lavinia Petrie	AUS	21:53.63	2014
W75	Shirley Brasher	AUS	30:26.2	2002

110m Hurdles (0.991m)

M30	Brad Osborne	AUS	16.95	2008
M35	Albert Miller	FIJ	15.20	1994
M40	Brad Krawczyk	AUS	16.65	2019
M45	Ken Priestley	AUS	17.40	1984

100m Hurdles (0.840m)

W30	Terry Genge	NZL	15.37	1990
W35	Eileen Hindle	AUS	14.70	1984

100m Hurdles (0.914m)

M50	Peter Collins	AUS	16.78	2002
M55	Clay Tompkins	AUS	16.14	2008

80m Hurdles (0.762m)

W40	Marie Kay	AUS	13.10	2004
W45	Marie Kay	AUS	12.34	2008

80m Hurdles (0.762m)

W50	Marie Kay	AUS	13.14	2012	1.3
W55	Brenda Parkinson	AUS	14.60	1992	

100m Hurdles (0.840m)

M60	Harry Giles	AUS	16.56	2008
M65	Micheal Stephenson	AUS	17.34	2008

80m Hurdles (0.686m)

W60	Robyn Sutter	AUS	14.68	2019	-0.2
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80m Hurdles (0.762m)

M70	Donald Chambers	AUS	14.81	2010	0.6
M75	Donald Chambers	AUS	18.44	2014	0.7

W65	Maureen Keshwar	NZL	18.19	2019	-0.2
W70	Margaret Taylor	AUS	18.44	2019	-0.2
W75	Fran Harris	AUS	28.05	2019	-0.2

80m Hurdles (0.686m)

M80	Max McKay	AUS	24.00	2004	
M85	Radnaa Tseran	MGL	20.18	2019	-0.4

400m Hurdles (0.914m)

M30	George Jankowski	AUS	65.30	1996	
M35	Geoff Gibbons	AUS	60.11	2012	-0.4
M40	Ernest Kemplay	AUS	60.30	1984	
M45	Chris Strange	NZL	64.01	1998	

400m Hurdles (0.762m)

W30	Helena Dinnissen	NZL	64.28	2019	
W35	Kerrie Macey	AUS	72.55	1990	
W40	Suzy Cole	AUS	71.06	2012	-0.2
W45	Marie Kay	AUS	64.70	2006	

400m Hurdles (0.840m)

M50	Neil Fowler	AUS	63.67	2002	
M55	Hans Meisebach	AUS	66.60	1984	

300m Hurdles (0.762m)

M60	John Lamb	AUS	46.87	2012	-0.5
M65	Richard Trembath	AUS	50.28	2008	

300m Hurdles (0.762m)

W50	Michele Hossack	AUS	49.91	2014	
W55	Wilma Perkins	AUS	58.90	2006	

300m Hurdles (0.686m)

M70	Alan Dougal	NZL	53.32	2019	
M75	Stewart Foster	NZL	61.26	2014	
M80	Max McKay	AUS	78.74	2004	

300m Hurdles (0.686m)

W60	Gail Kirkman	NZL	55.05	2015	
W65	Gail Kirkman	NZL	56.94	2018	

200m Hurdles (0.686m)

M80	Stewart Foster	NZL	51.32	2018	-0.8
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200m Hurdles (0.686m)

W70	Marge Allison	AUS	39.37	2018	-0.8
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3000m Steeplechase (0.914m)

M30	Gilles Brouilaud	PYF	11:40.97	2010	
M35	Bruce Meder	NZL	09:48.8	1990	
M40	Euan Robertson	NZL	09:37.3	1990	
M45	Ron Robertson	NZL	09:51.4	1990	
M50	Alan Bradford	AUS	10:44.0	1992	
M55	Ron Robertson	NZL	10:11.6	1998	

2000m Steeplechase 0.762m)

W30	Linda Reynolds	NZL	08:36.5	1998	
W35	Vicky Adams	NZL	07:48.0	1992	
W40	Suzy Cole	AUS	7:17.92	2012	
W45	Judith Stewart	NZL	07:51.3	1998	
W50	Margaret Orman	NZL	08:12.1	1994	
W55	Loris Reed	NZL	08:34.8	2004	
W60	Margaret Saunders	AUS	9:28.99	2014	
W65	Margaret Saunders	AUS	9:29.52	2019	
W70	Gillian Young	AUS	10:03.49	2018	
W75	Clasina van der Veeken	NZL	13:35.8	2008	

2000m Steeplechase (0.762m)

M60	Trevor Ogilvie	NZL	7:13.03	2012	
M65	Ron Robertson	NZL	7:18.10	2008	
M70	Peter Sandery	AUS	8:25.78	2012	
M75	Dave Eastwood	NZL	09:40.4	2015	
M80	Michael Juckes	AUS	11:20.46	2019	
M85	Colin Silcock-Delany	AUS	16:02.95	2019	

W80	Clasina van der Veeken	NZL	14:57.42	2012	
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3000m Track Walk

M30					
M35	Peter Bennett	AUS	14:28.0	1994	
M40	Dean Nipperess	AUS	13:10.82	2012	
M45	Mark Donahoo	AUS	13:54.8	2006	

3000m Track Walk

W30	Justijana Roseman	AUS	15:37.38	2008	
W35	Judith Johnson	AUS	16:02.7	1982	
W40	Annette Major	AUS	15:32.2	2006	
W45	Pam Tindal	AUS	15:45.53	2008	

M50	Michael Harte	NZL	13:55.9	2006
M55	Mike Parker	NZL	14:00.73	2012
M60	George White	AUS	15:18.74	2008
M65	George White	AUS	15:44.53	2010
M70	George White	AUS	16:41.63	2015
M75	Colin Hainsworth	AUS	20:38.4	2006
M80	Richard Keatinge	AUS	21:00.0	2006
M85	Bill Empey	AUS	24:08.0	1982

5000m Track Walk

M30	Rodney Gillum	NZL	27:00.4	1998
M35	Kevin Taylor	NZL	23:12.6	1990
M40	Frank Clark	AUS	22:37.0	1984
M45	John Smith	AUS	22:32.0	1984
M50	Michael Harte	NZL	24:31.9	2006
M55	Gary Little	NZL	22:14.9	1998
M60	Theo Orr	AUS	25:48.0	1984
M65	George White	AUS	26:47.54	2010
M70	Tom Daintry	AUS	28:22.0	1984
M75	Tom Daintry	AUS	30:33.0	1990
M80	Tom Daintry	AUS	33:57.0	1992
M85	Gus Theobald	AUS	33:53.0	1984

10k Road Walk (Best Performances)

M30	Rodney Gillum	NZL	55:25	1998
M35	Peter Bennett	AUS	52:14	1994
M40	Dean Nipperess	AUS	47:31	2012
M45	Gary Little	NZL	45:34	1990
M50	Michael Harte	NZL	50:37	2006
M55	Gary Little	NZL	45:39	1998
M60	Jack Tregurtha	NZL	53:53	1998
M65	Andrew Jamieson	AUS	52:55	2014
M70	Ralph Bennett	AUS	59:24	2014
M75	Colin Hainsworth	AUS	67:43	2006
M80	Tom Daintry	AUS	69:01	1992
M85	Colin Silcock-Delany	AUS	1:36:21	2018
M90	Peter Tearle	NZL	1:49:54	2018

Half Marathon (Best Performances)

M30	Frederic Burquier	PYF	1:12.32	2010
M35	Brendan Whelan	AUS	1:15.18	2010
M40	Tony Price	NZL	01:12:44	1998
M45	Georges Richmond	PYF	1:13.05	2010
M50	David Elward	AUS	01:17:32	2002
M55	Russell Jenkins	AUS	1:21:05.4	2018

W50	Staunton-Jjugovic	AUS	15:41.80	2014
W55	Pam Tindal	AUS	15:28.33	2015
W60	Heather Carr	AUS	15:45.20	2012
W65	Alison Thompson	AUS	16:49.27	2019
W70	Heather Carr	AUS	18:01.06	2019
W75	Gwen Steed	AUS	20:54.66	2019
W80	Nan Jeffrey	AUS	24:00.0	1990

5000m Track Walk

W30	Justijana Roseman	AUS	26:32.9	2008
W35	Gabrielle Gorst	NZL	23:49.0	2002
W40	Annette Major	AUS	27:00.5	2006
W45	Pam Tindall	AUS	27:03.1	2008
W50	Staunton-Jugovic	AUS	27:15.97	2014
W55	Heather Carr	AUS	26:21.4	2006
W60	Heather Carr	AUS	27:18.93	2010
W65	Heather Carr	AUS	28:57.97	2015
W70	Jean Albury	AUS	31:45.1	2002
W75	Gwen Steed	AUS	36:26.51	2019
W80	Christianne Duaphinet	AUS	39:24.83	2012

10k Road Walk (Best Performances)

W30	Kylie Bonney	AUS	53:01	2002
W35	Gabrielle Gorst	NZL	48:47	2002
W40	Jane Jackson	NZL	55:52	1990
W45	Marlene Robb	AUS	55:55	1994
W50	Staunton-Jugovic	AUS	56:34	2014
W55	Heather Carr	AUS	54:01	2006
W60	Sandy Brunner	AUS	57:27	2006
W65	Alison Thompson	AUS	60:09.05	2019
W70	Jacqueline Wison	NZL	64:57.00	2018
W75	Gwen Steed	AUS	73:46.70	2019
W80	Christiane Dauphinet	AUS	80:32.00	2012

Half Marathon (Best Performances)

W30	Ronnie Cole	NZL	01:32:09	1998
W35	Yvonne Evans	NZL	01:26:17	2006
W40	Jenny Dowie	AUS	01:29:25	2002
W45	Bernie Portesnki	NZL	01:19:38	1998
W50	Brenda Fortune	NZL	01:36:41	2006
W55	Lavinia Petrie	AUS	01:32:33	2002

M60	Colin McLeod	AUS	01:19:28	1998
M65	Colin McLeod	AUS	01:22:25	2002
M70	Colin McLeod	AUS	1:31.58	2008
M75	Irwin Barrett-Lennard	AUS	01:44:11	2006
M80	Bill Page	AUS	2:23:25	2014

Javelin (800g current specifications)

M30	Daniel Brown	AUS	47.60	2008
M35	Ezehiel Rangi	SOL	52.34	2015
M40	Joe Bradley	NZL	54.59	1998
M45	John Kay	AUS	52.26	2008

Javelin (700g from 2000)

M50	Nigel Stainton	NZL	52.44	2012
M55	Bob Banens	AUS	51.44	2006

Javelin (600g current specifications)

M60	Bob Banens	AUS	48.74	2010
M65	Tom Hancock	AUS	40.02	2002

Javelin (500g from 2000)

M70	Guy Quarterman	AUS	36.51	2012
M75	Arnie Delaite	AUS	31.67	2019

Javelin (400g from 2000)

M80	Dave Scratton	NZL	26.51	2000
M85	Ron Johnson	NZL	24.77	2018
M90	Max McKay	AUS	10.22	2014

Hammer (7.26kg)

M30	Brentt Jones	NFI	48.86	2000
M35	Ricard Meiring	AUS	59.00	2014
M40	Frederic Cassier	NCL	50.14	1992
M45	Mark Cumming	NZL	46.97	2012

Hammer (6kg)

M50	Ken Readwin	AUS	48.62	1994
M55	Mark Cumming	NZL	49.52	2018

Hammer (5kg)

M60	Kevin Bradley	NZL	46.74	2008
M65	Laurie Devlin	NZL	45.33	2002

Hammer (4kg)

M70	Laurie Devlin	NZL	44.54	2006
M75	Kevin Bradley	NZL	34.72	2019

Hammer (3kg)

M80	Wim Van Weenen	AUS	36.47	2014
M85	Ron Johnson	NZL	25.07	2018
M90	Max MacKay	NZL	18.36	2014

W60	Judth Stewart	NZL	1:40.07	2010
W65	Lavinia Petrie	AUS	1:40.10	2012
W70	Lavinia Petrie	AUS	1:37:38	2014
W75	Clasina van der Veecken	NZL	2:26.11	2008
W80	Clasina van der Veecken	NZL	2:39.21	2012

Javelin (600g current specifications)

W30	Sallyann Moiler	AUS	36.20	2019
W35	Jayne Hardy	AUS	38.09	2002
W40	Jayne Hardy	AUS	38.65	2006
W45	Jayne Hardy	AUS	37.01	2010

Javelin (500g from 2000)

W50	Suzanne Coats	AUS	29.81	2019
W55	Mary Thomas	AUS	37.90	2000

Javelin (500g from 2014)

W60	Wilma Perkins	AUS	21.72	2014
W65	Carol Davis	AUS	25.12	2019
W70	Mary Thomas	AUS	21.51	2015

Javelin (400g from 2000)

W75	Heather Doherty	AUS	19.78	2008
W80	Heather Doherty	AUS	19.45	2014
W80	Tserendolgar Tumurbat	MGL	19.69	2019
W85	Heather Doherty	AUS	8.68	2019
W90	Ruth Frith	AUS	10.09	2002
W95	Ruth Frith	AUS	7.98	2004

Hammer (4kg)

W30	Raelene Bates	NZL	43.71	1998
W35	Jayne Hardy	AUS	41.87	2002
W40	Jayne Hardy	AUS	43.52	2006
W45	Althea Mackie	AUS	41.80	2015

Hammer (3kg)

W50	Sharon Gibbins	AUS	45.70	2008
W55	Helen Searle	AUS	45.98	1996
W60	Jan Davies	AUS	42.20	2002
W65	Helen Searle	AUS	39.51	2006
W70	Helen Searle	AUS	33.07	2012

Hammer (2kg from 2010)

W75	Jan Banens	AUS	32.02	2018
W80	Helen Searle	AUS	27.03	2019
W85	Heather Doherty	AUS	16.82	2019
W90	Ruth Frith	AUS	11.85	2002
W95	Ruth Frith	AUS	11.16	2006
W100	Ruth Frith	AUS	9.64	2012

Discus (2kg)

M30	Alan White	AUS	35.60	2000
M35	Jamie Muscat	AUS	43.84	2014
M40	Merve Kemp	AUS	43.88	1984
M45	Todd Davey	AUS	44.56	2015

Discus (1.5 kg)

M50	Stuart Gyngell	AUS	49.65	2014
M55	Ray Green	AUS	41.65	2002

Discus (1 kg)

M60	Ray Green	AUS	50.27	2006
M65	Tom Hancock	AUS	45.93	2002
M70	Keith James	AUS	39.54	2012
M75	Rudi Hochreiter	AUS	34.60	2002
M80	Feliks Jekabsons	AUS	26.96	2006
M85	Ron Johnson	NZL	22.90	2018
M90	Peter Tearle	NZL	12.91	2018

Shot Put (7.26kg)

M30	Saimoni Koroi	FIJ	12.92	1994
M35	Soane Lakafia	NCL	14.10	1996
M40	Stuart Gyngell	AUS	16.29	2008
M45	Laini Inivale	NZL	13.68	2015

Shot Put (6 kg)

M50	Stuart Gyngell	AUS	17.57	2014
M55	Richard Harris	NZL	13.41	1990

Shot put (5 kg)

M60	Richard Harris	NZL	13.51	1994
M65	Charlie Rann	AUS	12.75	1992

Shot Put (4 kg)

M70	Rudi Hochreiter	AUS	12.72	1998
M75	Jim Peridis	AUS	11.42	2002

Shot Put (3 kg)

M80	Feliks Jekabsons	AUS	10.09	2006
M85	Ron Johnson	NZL	8.05	2018
M90	Peter Tearle	NZL	6.26	2018

Weight Throw (15.88kg - 35lb)

M30	Vincent Smith	NZL	13.09	2012
M35	Ricard Meiring	AUS	18.59	2014
M40	Stuart Gyngell	AUS	13.78	2008
M45	Mark Cumming	NZL	14.60	2012

Weight Throw (11.34kg - 25lb)

M50	Stuart Gyngell	AUS	18.05	2014
M55	Mark Cumming	NZL	18.51	2018

Discus (1 kg)

W30	Chris Schultz	AUS	48.12	1984
W35	Chris Schultz	AUS	47.86	1986
W40	Chris Schultz	AUS	42.52	1994
W45	Chris Schultz	AUS	42.66	1998
W50	Chris Schultz	AUS	38.23	2002
W55	Chris Schultz	AUS	33.54	2006
W60	Helen Searle	AUS	29.73	2002
W65	Helen Searle	AUS	27.53	2006
W70	Mary Thomas	AUS	22.03	2015

Discus (0.75 kg from 2010)

W75	Mary Thomas	AUS	22.75	2019
W80	Heather Doherty	AUS	20.30	2014
W85	Heather Doherty	AUS	13.84	2019
W90	Ruth Frith	AUS	10.89	2002
W95	Ruth Frith	AUS	10.90	2006

Shot Put (4 kg)

W30	Chris Schultz	AUS	14.98	1984
W35	Chris Schultz	AUS	14.12	1986
W40	Chris Schultz	AUS	13.25	1994
W45	Chris Schultz	AUS	13.17	1998

Shot put (3 kg)

W50	Chris Schultz	AUS	13.19	2002
W55	Mary Thomas	AUS	12.89	2000
W60	Helen Searle	AUS	12.31	2000
W65	Helen Searle	AUS	11.58	2004
W70	Helen Searle	AUS	9.16	2012

Shot put (2 kg from 2010)

W75	Mary Thomas	AUS	8.82	2019
W80	Heather Doherty	AUS	7.44	2014
W80	Tserendolgar Tumurbat	MGL	9.32	2019
W85	Ruth Frith	AUS	5.42	1996
W90	Ruth Frith	AUS	5.21	2002
W95	Ruth Frith	AUS	4.72	2004

Weight Throw (9.08kg - 20lb)

W30	Noella Flores	PYF	10.27	2010
W35	Fionnula Connors	AUS	10.81	2018
W40	Chris McCahill	NZL	15.03	2008
W45	Althea Mackie	AUS	12.84	2015

Weight Throw (7.26kg - 16lb)

W50	Jayne Hardy	AUS	13.64	2015
W55	Jane Hardy	AUS	12.73	2019

Weight Throw (9.08kg - 20lb)

M60	Ray Green	AUS	17.45	2006
	Kevin Bradley	NZL	17.45	2006
M65	Laurie Devlin	NZL	17.43	2004

Weight Throw (7.26kg - 16lb)

M70	Laurie Devlin	NZL	18.06	2006
M75	Ken Priestley	AUS	14.59	2014

Weight Throw (5.54kg - 12lb)

M80	Norm Windred	AUS	12.19	2008
M85	Dave Scratton	NZL	10.99	2004

High Jump

M30	Brad Osborn	AUS	1.78	2008
M35	John Turner	NZL	1.74	2006
M40	Evan McLean	AUS	1.82	2019
M45	Matthew Muell	AUS	1.78	2010
M50	Hoyoung Do	NZL	1.65	2012
	Brian Curry	NZL	1.65	2012
M55	Brian Curry	NZL	1.66	2018
M60	John Hunt	AUS	1.50	2002
M65	Gordon Gourlay	AUS	1.45	1994
M70	David Anstiss	NZL	1.36	2018
M75	Rudi Hochreiter	AUS	1.23	2002
M80	Jim Blair	NZL	1.13	2012
M85	Jim Blair	NZL	1.05	2019
M90	Alistair McKay	NZL	0.80	2018

Long Jump

M30	Jay Stone	AUS	6.36	2012	0.0
M35	Albert Miller	FIJ	6.21	1994	
M40	Bob Lehman	AUS	6.29	2014	0.5
M45	Rodney Stone	AUS	5.76	1984	
M50	Terry Hicks	AUS	5.45	2004	
M55	Clay Tompkins	AUS	5.61	2008	
M60	Graeme Noden	AUS	5.10	2000	
M65	Graeme Noden	AUS	4.58	2006	
M70	Graeme Noden	AUS	4.59	2008	
M75	Graeme Noden	AUS	4.07	2014	1.6
M80	Max McKay	AUS	3.13	2004	
M85	Maurice Dauphinnet	AUS	2.95	2012	-3.2
M90	Alistair McKay	NZL	2.08	2018	0.4

Triple Jump

M30	George Jankowski	AUS	11.31	1994
M35	Russell Sarah	AUS	13.70	1982

Weight Throw (5.54kg - 12lb)

W60	Dorn Jenkins	AUS	17.36	2015
W65	Helen Searle	AUS	16.44	2004
W70	Jan Banens	AUS	12.41	2012

Weight Throw (4kg from 2010)

W75	Glen Watts	NZL	11.71	2015
W80	Heather Doherty	AUS	9.63	2014
W85	Heather Doherty	AUS	6.82	2019
W95	Ruth Frith	AUS	5.16	2006

High Jump

W30	Angela McKee	NZL	1.89	2006
W35	Veronique Boyer	PYF	1.65	2008
W40	Lynette Smith	AUS	1.53	2014
W45	Lenore Lambert	AUS	1.58	2019
W50	Marie Kay	AUS	1.45	2012
W55	Alex Lloyd	AUS	1.33	2014
W60	Margaret Taylor	AUS	1.26	2008
W65	Wilma Perkins	AUS	1.18	2015
W70	Margaret Taylor	AUS	1.15	2019
W75	Gwen Davidson	AUS	1.08	2000

Long Jump

W30	Helena Dinnissen	AUS	5.78	2019	1.7
W35	Eileen Hindle	AUS	5.55	1984	0.3
W40	Gianna Mogentale	AUS	5.21	2004	
W45	Marie Kay	AUS	5.31	2006	0.0
W50	Marie Kay	AUS	5.23	2012	
W55	Wilma Perkins	AUS	4.29	2004	
W60	Margaret Taylor	AUS	4.38	2008	0.7
W65	Carol Davis	AUS	4.05	2019	0.0
W70	Margaret Taylor	AUS	3.65	2019	-0.1
W75	Ruth Johnson	AUS	2.78	2019	-0.1
W80	Miriam Cudmore	AUS	2.93	2019	0.1

Triple Jump

W30	Helena Dinnissen	AUS	11.85	2019	0.0
W35	Veronique Boyer	PYF	11.36	2008	

M40	Kevin Todd	NZL	12.31	1990	
M45	Stephen McKee	NZL	12.05	2006	
M50	Stephen Burden	NZL	11.25	2012	1.3
M55	Clay Tompkins	AUS	12.22	2008	
M60	Stephen Burden	NZL	10.76	2019	-0.4
M65	Geoff Shaw	AUS	9.45	2015	0.6
M70	Ian Sim	NZL	9.07	2018	1.4
M75	Rudi Hochreiter	AUS	8.34	2002	
M80	Leo Coffey	AUS	7.30	2012	1.4
M85	Ron Johnson	NZL	5.34	2018	1.9

Pole Vault

M30	Jamie Marett	NZL	3.80	1998	
M35	Rob Hill	AUS	4.40	2008	
M40	Brian Senior	NZL	3.85	1982	
M45	Stephen McKee	NZL	3.65	2006	
M50	Jim McGrath	AUS	3.10	1982	
	Tim McGrath	AUS	3.1	2014	
M55	Mark Lett	NZL	3.05	2018	
M60	Bob Barclay	AUS	3.00	2002	
M65	Geoff Shaw	AUS	2.70	2014	
M70	Jim Poulter	AUS	2.50	2014	
M75	Donald Chambers	AUS	1.85	2014	
M80	Wallace Opperman	NZL	1.45	2006	
M85	Wallace Opperman	NZL	1.00	2012	

Updated for 2010 WMA factors

Pentathlon (LJ, Jav, 200m, DT, 1500m)

M30	Brad Osborne	AUS	2461	2008	
	(5.59; 38.89; 25.02; 33.71; 5:31.22)				
M35	Albert Miller	FIJ	3099	1994	
	(6.21, 52.88, 24.0, 37.98, 5:28.8)				
M40	Lloyd Mitchelson	AUS	3296	1984	
	(5.40, 48.02, 24.8, 31.86, 4:31.0)				
M45	John Cooper	AUS	3358	1990	
M50	Terry Hicks	AUS	3538	2004	
M55	Luke De Biasi	AUS	3522	2019	
	(5.98, 33.58, 25.71, 28.56, 5:46.11)				
M60	Peter Gatti	AUS	3419	1996	
M65	Fred O'Connor	AUS	3984	1990	
M70	Ken Daniels	AUS	3084	2008	
	(3.95; 31.99; 31.38; 25.19; 7:09.23)				
M75	Hector Mein	NZL	2825	2006	

W40	Julie Brims	AUS	10.59	2006	
W45	Marie Kay	AUS	10.68	2006	
W50	Helen Searle	AUS	9.54	1990	
W55	Anne Hunter	NZL	8.87	2006	
W60	Margaret Taylor	AUS	9.22	2008	1.9
W65	Carol Davis	AUS	7.90	2019	-1.3
W70	Margaret Taylor	AUS	7.77	2019	0.0
W75	Frances Bayler	NZL	6.24	2015	
W80	Miriam Cudmore	AUS	6.64	2019	-3.9

Pole Vault

W30					
W35	Ros Montse	AUS	2.50	2014	
W40	Joanne Anderson	NZL	2.40	1994	
W45	Joanne Anderson	NZL	2.20	1998	
	Wilma Perkins	AUS	2.20	1998	
W50	Delwyn Smith	NZL	2.40	2019	
W55	Wilma Perkins	AUS	2.20	2006	
W60	Wilma Perkins	AUS	2.30	2010	

Updated for 2010 WMA factors

Pentathlon (100m, SP, LJ, Jav, 800m)

W30	Wilma Perkins	AUS	2864	1984	
	(12.70, 9.42, 5.25, 28.71, 2:49.4)				
W35	Eileen Hindle	AUS	3031	1984	
	(12.51, 6.98, 5.42, 22.14, 2:30.8)				
W40	Lee-An Grosvenor	AUS	3153	2014	
	(13.58, 8.84, 4.51, 27.57, 2:29.06)				
W45	Chris Battersby	AUS	3564	1990	
W50	Gianna Mogentale	AUS	3479	2014	
	(13.29, 7.28, 4.58, 16.61, 2:33.56)				
W55	Vicki Townsend	AUS	3202	2019	
	(14.80, 9.57, 3.91, 19.87, 3:30.64)				
W60-74	Jav 500g from 2014)				
W60	Clare Giles	NZL	2867	2018	
	(16.01;7.47;3.31;16.09;3:20.82)				
W65	Carol Davis	AUS	3808	2019	
	(16.11, 7.03, 3.80, 22.63, 3:12.21)				

	(3.42, 23.17, 36.80, 19.82, 6:40.89)			
M80	Hector Mein NZL	1931	2012	
	(2.89, 18.34, 46.94, 16.54, 9:18.13)			
M85	Rad Leovic AUS	2439	2014	
	(2.31, 14.86, 45.49, 14.50, 8:29.14)			
M90	Frank Cox NZL	560	2002	
	(1.43, 6.31, 66.09, 7.19, DNF)			

Updated for 2010 WMA factors

Throws Pentathlon (Ham, SP, DT, Jav, Wt)

M30	Stuart Chirnside NZL	2723	1998	
M35	Ricard Meiring AUS	3117	2014	
	(54.66, 10.87, 29.78, 33.64, 18.34)			
M40	Frederic Cassier NCL	3769	1992	
M45	Todd Davey AUS	3729	2015	
	(39.25, 13.67, 40.64, 40.61, 13.73)			
M50	Stuart Gyngell AUS	4192	2015	
	(47.83, 17.05, 50.09, 36.29, 17.10)			
M55	Ray Green AUS	3617	2002	
	(41.96, 11.59, 41.16, 35.12, 13.73)			
M60	Graeme Rose AUS	3896	2008	
	(45.46; 12.58; 38.17; 39.48; 16.78)			
M65	Tom Hancock AUS	4076	2002	
	(37.08, 11.69, 43.96, 39.26, 14.95)			
M70	Sam Johnson NZL	4356	1992	
M75	Dave Scratton NZL	3682	1998	
M80	Feliks Jakabsons AUS	3539	2006	
	(28.97, 9.98, 26.96, 19.30, 12.43)			
M85	Dave Scratton NZL	4074	2004	

Updated for 2010 WMA factors

Decathlon (100m, LJ, SP, HJ, 400m / Hurd, DT, PV, Jav, 1500m)

M30	Peter Hollenbeck AUS	5308	2019	
	(12.01, 5.93, 11.58, 1.68, 62.23, 17.77, 35.43, 4.40, 49.28, 6:12.52)			
M35	Geoff Gibbons AUS	6122	2012	
	(11.97, 5.71, 10.08, 1.64, 51.24, 16.48, 29.47, 3.70, 47.34, 4:35.55)			

W70	Judy Hammond (400g Jav) NZL	3028	2008	
	(17.32; 6.20; 3.06; 13.37; 3:57.88)			
W75	Ruth Johnson AUS	2878	2019	
	(19.24, 5.41, 2.78, 10.96, 4:13.32)			
W80	Judy Hammond NZL	3036	2018	
	(20.49;5.59;2.58;10.49;5:20.88)			

Throws Pentathlon (Ham, SP, DT, Jav, Wt)

W30	Raylene Bates NZL	3339	1998	
W35	Chris Schultz AUS	4056	1990	
W40	Jayne Hardy AUS	3877	2006	
	(41.99, 10.40, 37.29, 38.65, 13.87)			
W45	Chris Schultz AUS	4355	1998	
W50	Chris Schultz AUS	4116	2002	
	(35.64, 12.97, 39.49, 25.87, 13.83)			
W55	Helen Searle AUS	4596	1996	
	W60-74 Jav 500g from 2014)			
W60	Dorn Jenkins NZL	4443	2015	
	(43.51, 8.85, 28.72, 21.85, 15.57)			
W65	June Lowe AUS	4361	2019	
	(36.24, 9.84, 20.78, 23.40, 12.49)			
W70	Mary Thomas AUS	4377	2015	
	(27.95, 8.01, 23.32, 21.03, 11.94)			
	New weight specifications from 2010			
W75	Mary Thomas AUS	4312	2019	
	(28.35, 8.94, 22.70, 19.27, 10.43)			
W80	Judy Hammond NZL	3036	2018	
	(20.49, 5.59, 2.58, 10.49, 5:20.88)			
W80	Tserendolgar Tumurbat MGL	4579	2019	
	(24.84, 9.11, 18.97, 20.09, 8.53)			
W85	Ruth Frith AUS	3561*	1996	
W90	Ruth Frith AUS	3461	2002	
	(12.49, 4.97, 10.31, 10.51, 5.71)			
W95	Ruth Frith AUS	3779	2006	
	(11.08, 4.35, 9.78, 6.43, 5.16)			

Heptathlon (Hurd, HJ, SP, 200m, LJ, Jav, 800m)

W30	Jessica Dux AUS	3044	2018	
	(18.43;1.33;7.75;27.80;4.61;19.19;2:56.11)			
W35	Lynette Smith AUS	4192	2008	
	(18.43; 1.58; 10.03; 29.85; 4.42; 33.91; 2:26.41)			

M40 Peter Ranginui NZL 4854 2012
 (13.11, 5.02, 8.29, 1.79, 62.32,18.82, 30.92, 2.60, 37.88, 5:48.72)
 M45 Wayne Doyle NZL 5905 2012
 (12.99, 5.19, 11.19, 1.55, 59.47, 19.56, 32.20, 3.00, 45.01, 5:34.73)
M50 Andrew Brooker AUS 5954 2019
(13.58, 5.33, 9.18, 1.55, 61.79, 17.84, 31.41, 2.80, 40.12, 5:19.30)
M55 Andrew Millerd AUS 6193 2019
(12.99, 5.14, 8.36, 1.52, 60.78, 19.00, 29.85, 2.80, 27.80, 5:39.34)
M60 Mark McLean AUS 5984 2019
(13.49, 4.46, 8.95, 1.40, 65.58, 17.56,, 24.48, 2.20, 30.95, 5:54.67)
 M65 Warren Green NZL 4691 2018
 (14.60;3.15;7.66;1.20;74.32;24.58;24.48;2.10;28.83;6:41.71)
 M70 Ken Daniels AUS 5995 2008
 (15.00; 4.14; 8.31; 1.21; 73.03; 17.88; 26.71: 2.00; 31.98; 7:00.11)
 M75 Donald Chambers AUS 4608 2014
 (16.10, 3.67, 8.54, 1.10, 92.31, 18.44, 16.73, 1.85, 19.15, DNF)
 M80 Rad Leovic AUS 3082 2012
 (20.60,2.60, 6.84, 0.92,1:42.27, 29.47, 13.93, 0.80, 14.22, 9:07.91)
 M85 Ron Johnson NZL 5513 2018
 (19.92;2.55;8.32;0.99;1:42.99;DNF;20.11;1.50;25.21;9:07.39)

W40 Lee-Ann Grosvenor AUS 4068 2014
 (15.69, 1.27, 9.05, 27.92, 4.54, 27.41, 2:33.4)
 W45 Carolyn Wills NZL 4019 2018
 (15.44;1.42;8.95;30.65;3.93;24.67;3:09.69)
 W50 Marie Kay AUS 5831 2010
 (13.13; 1.48; 11.19; 28.22; 4.69; 30.33; 2:52.47)
W55 Vicki Townsend AUS 4770 2019
(14.60, 1.28, 10.29, 31.20, 3.91, 21.42, 3:44.75)
W60-74 Jav 500g from 2014)
 W60 Carol Bowman AUS 2525 2018
 (22.07;1.06;4.55;37.34;2.46;9.62;3:28.69)
 W65 Gail Kirkman NZL 5598 2018
 (15.71;1.24;7.45;31.59;3.37;11.35;2:51.08)
 W70 Marj Allison AUS 5022 2015
 (17.92, 1.02, 5.99, 35.18, 2.75, 16.44, 3:25.94)
 W75 Judy Hammond NZL 3442 2015
 (DNF, 0.99, 6.10, 42.07, 2.60, 11.65, 4:52.56)

AUS	Australia
NZL	New Zealand
PYF	French Polynesia
NCL	New Caledonia
FIJ	Fiji
TON	Tonga
NFI	Norfolk Island
SOL	Soloman Islands
MGL	Mongolia

ARCHIVED RECORDS

Javelin 400g

W60 Mary Thomas AUS 33.83 2004
 W70 Wini Pepene NZL 23.76 2002

Pentathlon (100m, SP, LJ, Jav 400g, 800m)

W60 Beryl Vine NZL 3225 1990
 W65 Wini Pepene NZL 2989 1996

Throws Pentathlon (Ham, SP, DT, Jav 400g, Wt)

W60 Helen Searle AUS 4521 2002
 (39.48, 11.49, 26.29, 25.20, 15.04)
 W65 Helen Searle AUS 5399 2004

Heptathlon (Hurd, HJ, SP, 200m, LJ, Jav, 800m)

W60 Marj Allison (400g Jav) AUS 5076 2008
(15.10; 1.24; 6.93; 31.90; 3.66; 18.48; 2:53.86)